

1st clue You come to me in the morning, noon, and night, just to get a bite

2nd clue I can be difficult and confusing, but its not rocket science.

3rd clue Slow & steady wins the race. Remember that sew you do well.

4th clue Base to Base will win the race.

5th clue Go to the window that tells if you're here, there you will find some weight disappear.

6th clue From football to basketball to baseball to track, they all lift weights to get whipped into shape.

7th clue I am challenging & tough, come meet me in the parking lot.

8th clue I'm not worth much, but with a lot of me I add up.

9th clue FCCLA knowledge is good to know.

10th clue How well do you know your officers? Hines, Tucker, Jansing, & Trossman know them pretty well.

11th clue People like to make me on Sundays & eat me in their kitchens.