

Team Nutrition Resource Links

USDA Team Nutrition - Home Page	http://www.fns.usda.gov/tn
BEST PRACTICE SHARING CENTER	http://healthymeals.nal.usda.gov/best-practices <i>New School Meal Pattern Communication Tools-IOWA Dept of Ed Menus that Move-seasonal cycle menus (use new meal pattern) OHIO</i>
WHAT'S NEW	<i>Food Buying Guide for School Meal Program</i>
RESOURCE LIBRARY <i>Fact Sheets for Healthier School Meals Posters and Recipes</i>	http://teamnutrition.usda.gov/Resources/dgfactsheet_hsm.html http://teamnutrition.usda.gov/Resources/myplate_halfplateposter.html
GRAPHICS LIBRARY <i>MyPlate</i>	http://teamnutrition.usda.gov/graphics.html
MYPLATE	http://teamnutrition.usda.gov/myplate.html <i>10 Tips Nutrition Education Series</i>

Application of these Resources

1. Locate cycle menus and recipe ideas
2. Find the newest updates and revised resources from USDA
3. Order MyPlate posters (or sign up for free materials from USDA) for your cafeteria
4. Use MyPlate graphics on the back of your menu or in the school newsletter
5. Direct teachers to nutrition lessons or make nutrition handouts
6. Market your menus and educate others about your program
7. Communication Tools for Staff, Parents and the Community*

*Developed to help school nutrition programs communicate about the needs/value of the Child Nutrition Program and can be edited and CUSTOMIZED

- Sample Webpage Template-use to create or update your webpage. Different sections highlight the new meal pattern changes
- Build a Healthy lunch Lesson – share with your elementary teachers to help explain the “Build a Healthy Lunch” signage in your cafeteria
- Parent Letter and School Staff Letter