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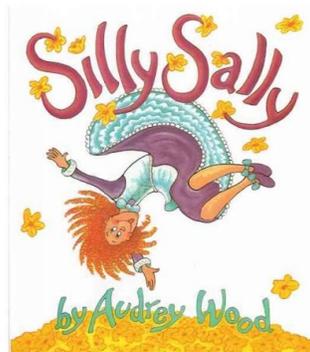
- [Julie Sutton](#)

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## Get Moving with Books

NAEYC has some great recommendations for books that will help you incorporate movement. Some of the books describe movements within the story, and others contain a rhyme or refrain that is fun to move to.

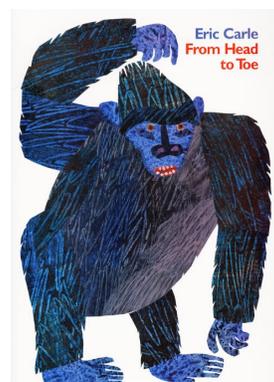
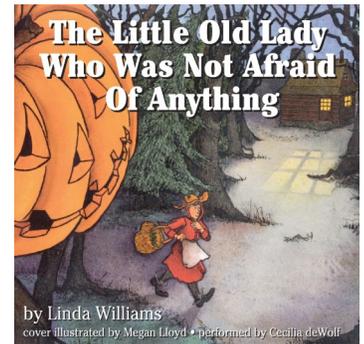


***Silly Sally*** by Audrey Wood

Silly Sally goes to town and meets a cast of characters on the way. Although Sally starts off 'backwards, upside down', she plays with each character she meets along the way. Walk, march, move backward following the movements described in the story.

***The Little Old Lady Who Was Not Afraid of Anything*** by Linda Williams

A little old lady goes into the woods one fall evening and gets a surprise when she encounters pieces of clothing that seem intent on scaring her. But this little old lady isn't scared of anything, so she and the clothes must decide what to do. On the refrain: act out each article of clothing and it's movement.



***From Head to Toe*** by Eric Carle

Children and animals demonstrate body movements from head to toe. Each page shows a child following an animal's lead in moving a body part and invites the children to move.



Minds are like parachutes; they work best when open.

T. Dewar



Rachel Treleven Support Specialist

## Nondiscrimination Statements

How does the new nondiscrimination statement affect you?

- All forms and information related to the nutrition programs that are provided to parents, guardians, or the general public, should include the most recent nondiscrimination statement.

This includes:

- Your organization’s website (needs long statement)
- Your organization’s parent handbook (needs long statement)

- CACFP forms have been updated and are available on our website: [www.doe.in.gov/cacfp](http://www.doe.in.gov/cacfp). You do not need to collect new forms, but use these forms moving forward for new or renewing enrollment.

Updated CACFP forms include:

- Application for free and reduce priced meals
- Application instructions and letters for parents/households
- Enrollment forms
- Obligation to serve infants form
- Building for the future flyer

Visit our [civil rights page](#) for the updated civil rights statements.

## Staff Spotlight: Rachel Treleven

After graduating with a bachelor’s degree from IUPUI, I spent two years with AmeriCorps at the Boys and Girls Club. The first year, I was at the Zionsville Boys and Girls Club as the Education Coordinator. The second year, I served as the Education Director at the Boys and Girls Club in Indianapolis. I then moved on to work for Big Brothers Big Sister of Central Indiana, where I interviewed families and children who wanted to be involved in the program and matched them with a Big Brother or Sister.

Most recently, I was an intake

specialist for the Department of Child Services where I took the initial reports with concerns for abuse and neglect that were called in to the DCS Hotline. In October, I was excited to accept the Support Specialist position with the Child Nutrition Programs at IDOE.

On a more personal note, I enjoy running, biking, riding horses and spending time with friends. I am currently planning my wedding coming up in June, 2016 and look forward to the honeymoon in Croatia and Hungary.

## Please Welcome Our New Sponsor

• Little Buns, Inc. 2	Highland	Marcus Ward
• New Harvest Christian Church	Crawfordsville	Alisha Lee
• Young Minds Development Center, Inc.	Mishawaka	Vanessa Jackson



## Events Calendar

- ⊕ January 1, 2016 State offices closed-New Year’s Day
- ⊕ January 18, 2016 State offices closed-Martin Luther King, Jr. Day
- ⊕ February 24, 2016 New Sponsor webinar, 9-11am
- ⊕ March 25, 2016 State offices closed-Good Friday
- ⊕ March 30, 2016 Refresher workshop, 9am-4pm, IN Gov’t Center South

Refresher workshop registration and information can be found: <http://www.doe.in.gov/nutrition/cacfp-refresher-workshops>.

## Did You Know...

CACFP funds are provided to assist State agencies through grants and other means to initiate and maintain nonprofit food service Programs for eligible children and adult participants in nonresidential institutions that provide care. [FNS Instruction 796-2 Revision 4](#) establishes Program standards, principles, and guidelines for financial management for all CACFP institutions. Every institution should be familiar with the contents of this instruction.

<b>F</b> <b>N</b> <b>S</b>	<b>FNS INSTRUCTION</b>	NUMBER
	U.S. DEPARTMENT OF AGRICULTURE U.S. FOOD AND DRUG ADMINISTRATION U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES	796-2 Rev. 4
ACTION BY: Regional Directors Special Nutrition Programs		
INFORMATION FOR: Regional Offices State Agencies		
<b>FINANCIAL MANAGEMENT CHILD AND ADULT CARE FOOD SERVICE PROGRAM</b>		
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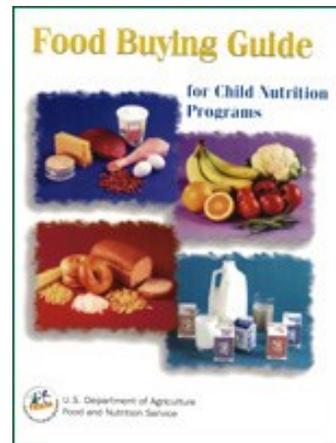
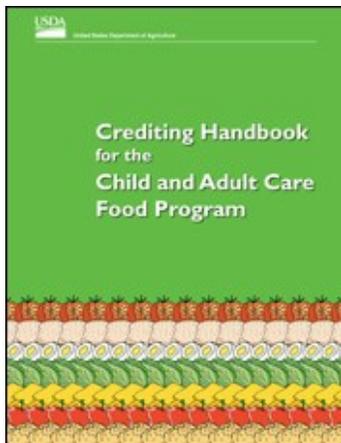


## Is It Creditable?

Move your cursor over the buttons to see if you are correct.

Is It Creditable?	Yes	No
Lactose free milk		
Raw Milk		
Beef Jerky		
Soy nut butter		
Salsa		
Fruit that comes in commercial yogurt		
Popcorn		
Vanilla Wafers		

For more information about what is creditable and how to credit it, use these resources:



Select either photo to be directed to that resource.

## Vegetable Snowman

Ranch dressing	Carrot sticks
Cucumber slices	Cherry tomatoes
Sliced olives	Bell peppers

Place ranch dressing in a small cup for the snowman's head. Assemble vegetables in the shape of a snowman using cucumber slices for the body, carrots for arms and nose, cherry tomatoes for buttons, bell peppers for hat and scarf, and olives for the eyes.



## Banana Caterpillar

Bananas	Chow Mein noodles or pretzel sticks
Raisins	Apple or pineapple rings, cut in half

1. Cut through the banana, spacing cuts 1 inch apart.
2. Place  $\frac{1}{2}$  an apple ring (peel side up) or pineapple ring in each of the cuts.
3. For the eyes, gently press raisins into one end of the banana for eyes.
4. Place Chow Mein noodles or pretzel sticks on both sides of the banana for legs.





## Child and Adult Care Food Program

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Toll free: 1-800-537-1142  
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*To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:*

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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