

Approved Meal/Snack Times for Licensed Centers, Head Start Centers, and Unlicensed Registered Day Care Ministries Participating in the Child and Adult Care Food Program

PURPOSE:

To define guidelines for meals/snacks served in the Child and Adult Care Food Program (CACFP) at a licensed center, a head start center, and an unlicensed registered day care ministry.

SCOPE:

Licensed Centers, Head Start Centers, and Unlicensed Registered Day Care Ministries participating in the CACFP. This policy **does not apply** to at-risk after school snack programs, outside-school-hours-programs, emergency/homeless shelters, and adult day care centers.

DESCRIPTION:

The Child and Adult Care Food Program (CACFP) regulations at 7 CFR 226.20(k) state, "Time of meal service. State agencies may require any institution or facility to allow a specific amount of time to elapse between meal services or require that meal services do not exceed a specified duration."

Therefore, the Indiana Department of Education Child and Adult Care Food Program is requiring the following time frames when completing the center information sheets for a licensed center, a head start center, and an unlicensed registered day care ministry in the CNPweb®.

Meal/Snack	Serving Time	Duration
Breakfast	6:00 a.m. - 9:30 a.m.	No longer than two hours
A.M. Snack	Over by 10:30 a.m.*	No longer than one hour
Lunch	10:30 a.m. - 1:30 p.m.	No longer than two hours
P.M. Snack	1:30 p.m. - 4:30 p.m.	No longer than one hour
Supper	4:00 p.m. - 7:00 p.m.	No longer than two hours
Evening Snack	7:00 p.m. - 9:00 p.m.	No longer than one hour

*Centers sometime serve an A.M. snack early in the morning to the few children who arrive and then serve breakfast later when all children are present. Centers who serve A.M. snack later on in the morning should serve no later than 10:30 A.M.

Licensed centers must have a period of not less than two hours and not more than three and one-half hours to separate meals and snacks for children one year of age and older. All facilities must serve all meals/snacks during the times identified on the center information sheets as approved in the CNPweb®.

Requests for and an explanation of exceptions to these meal/snack times must be submitted in writing and approved by the Indiana Department of Education, Child and Adult Care Food Program staff.

This policy shall become effective for all facilities on October 1, 2008.

SOURCE:

USDA Federal Regulations at 7 CFR §226.20(k).