

FREQUENTLY ASKED QUESTIONS

FOR FAMILY DAY CARE SPONSORS

SPECIAL DIETS

**When is a doctor's note
needed vs a note from
parent or verbal from
the parent**



SPECIAL DIETS

**When does the provider HAVE
to provide a special
component/meal?**



SPECIAL DIETS

**Does the note from the doctor
have to be on a special form
or RX pad**



SPECIAL DIETS

What does the note need to say- does it have to have an alternate listed?



MULTIPLE SITES

Obligated to pay the contract holder (last year's training) but the owner wants the money directly deposited in their account : how do you handle?



MULTIPLE SITES

**How can we track changes
with non license holders
within the CNPweb?**



MEAL PATTERN

**Will there be a “grace” period
with the new regulations?**



MEAL PATTERN

Serving sizes:

Tomato paste

Cheese sauce

Salsa



MEAL PATTERN

If I want to use products directly from a farm, such as milk or eggs, is that allowable?



FARM TO PRESCHOOL



School Nutrition

- School Nutrition Programs
- Fresh Fruit and Vegetable Program
- Team Nutrition
- Child and Adult Care Food Program
- Summer Food Service Program
- Food Distribution Program
- Farm to School
- Farm to Preschool



Hoosier Family of Readers Resources

July

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Farm to Preschool

Posted: Mon, 09/16/2013 - 4:16pm Updated: Tue, 02/24/2015 - 12:12pm

Welcome to Farm to Preschool

Farm to Preschool aims to teach children between the ages three to five years old to incorporate local foods as well as increase their physical activity. By targeting preschoolers, we are teaching them healthy habits when their taste preferences and behaviors are beginning to form. The majority of the meals children consume throughout the day are at the childcare facility so it is instrumental that our facilities teach and serve healthy and local produce.

Farm to Preschool components can include the following:

- sourcing local foods in childcare snacks and meals
- promoting and increasing access to local foods for caregivers and families
- offering nutrition and/or garden-based curricula
- childcare gardening
- in-class food preparation and taste testing
- field trips to farms, farmers' markets and community gardens
- parent workshops
- implementing childcare wellness policies which address Farm to Childcare principles

Our broad goal is to increase the health of children by providing them the building blocks to form a healthy lifestyle.

Sources and ideas are included in this toolkit in order to help navigate Farm to Childcare:

- [Getting Started](#)



MEAL SERVICE

School is out at 2:00 PM. Can I serve lunch at 2:30 to the school agers?

MILK

If a mother wants to continue to breastfeed after the child turns one is a doctor's note required?



MILK

**What other milk substitutes
are acceptable?**



MILK

When we switch from whole or 2% milk to a skim or 1% milk at age 2, is there any transition period to help with acceptance?



REVIEWS

During a program review, do materials have to leave the office?



REVIEW

**What information is needed
when a program review is
conducted?**





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