



Introduction

This manual is intended to assist Child and Adult Care Food Program (CACFP) personnel in providing quality, nutritious meals which comply with CACFP meal pattern requirements.

This manual contains sections on nutrition, healthy recipe modification, food labeling, feeding infants, food handling and sanitation, cultural foods, recipe evaluation and crediting foods. The revision of this manual for Indiana CACFP participants incorporates changes to meet the 2005 Dietary Guidelines for Americans.

This manual may be copied or reproduced for training purposes.

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