Lunch Meal Pattern for Uncommon Grade Groupings[1]	
	K-8[2]
Meal Pattern	**Amount of Food Per Week (Minimum Per Day)**
Fruits (cups)	2 ½ (½)
Vegetables (cups)	3 ¾ (¾)
Dark Green	½
Red/Orange	¾
Beans/Peas	½
Starchy	½
Other	½
Additional Veg to Reach Total	1
Grains (oz eq)	8-9 (1)
Meats/Meat Alternates (oz eq)	9-10 (1)
Fluid Milk (cups)	5 (1)
Other Specifications: Daily Amount Based on Average for a 5-Day Week	
Min-max calories (kcal)	600-650
Saturated Fat (% of total calories)	<10
Sodium (mg)	Target 1 - ≤ 1,230 Target 2 - ≤935 Target 3 - ≤640
Trans fat	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.

[1] **Uncommon Grade Groupings** include schools that have grades that do not fit into a particular column in USDAs lunch meal pattern. Instead of K-5 and 6-8 schools might have grades K-6, 3-7, 5-8, etc. Schools that have a different configuration will need to follow this meal pattern.

[2] **Grades K-8** can include any configuration of those grades. For example, a school should use this column if they have grades K-6 (or some other combination between K-8) eating in the same cafeteria.