

Name _____

It's in the Dictionary

Directions: There are twelve dictionary pages below. Each page has two guidewords listed at the top. Choose from the list of fruits and vegetables at the bottom of this page to fill in each dictionary page. Write the name of each fruit and vegetable on the correct dictionary page. If there is more than one fruit or vegetable on a page, write the words in alphabetical order. There is one fruit or vegetable that does not fit into a page.

Apple Banana

1

Beans Celery

2

Cherries Cucumber

3

Dates Grapefruit

4

Green Beans Kale

5

Lettuce Mushrooms

6

Onion Plum

7

Potato Raisin

8

Raspberry Snow Peas

9

Spinach Sweet Potato

10

Swiss Chard Tomato

11

Turnip Watermelon

12

tangerines
limes
quince
tangelos
sweet corn
cabbage
collard greens

avocados
oranges
apricots
jicama
eggplant
broccoli
cranberries

corn
string beans
endive
zucchini
garlic
baby carrots
huckleberries

pumpkin
star fruit
beets
parsnips
rhubarb
water chestnuts
melons

radishes
figs
ugli fruit
mango
watercress
peas
red pepper

What vegetable did not fit into the dictionary? _____

Adapted from Smart Nutrition Arkansas Department of Education.

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<p><u>Apple</u> <u>Banana</u></p> <p>apricot avocado baby carrots</p> <p>1</p>	<p><u>Beans</u> <u>Celery</u></p> <p>beets broccoli cabbage</p> <p>2</p>	<p><u>Cherries</u> <u>Cucumber</u></p> <p>collard greens corn cranberries</p> <p>3</p>	<p><u>Dates</u> <u>Grapefruit</u></p> <p>eggplant endive figs garlic</p> <p>4</p>
<p><u>Green Beans</u> <u>Kale</u></p> <p>huckleberries jicama</p> <p>5</p>	<p><u>Lettuce</u> <u>Mushrooms</u></p> <p>lime mango melons</p> <p>6</p>	<p><u>Onion</u> <u>Plum</u></p> <p>orange parsnips peas</p> <p>7</p>	<p><u>Potato</u> <u>Raisin</u></p> <p>pumpkin quince</p> <p>8</p>
<p><u>Raspberry</u> <u>Snow Peas</u></p> <p>radishes red pepper rhubarb</p> <p>9</p>	<p><u>Spinach</u> <u>Sweet Potato</u></p> <p>star fruit string beans sweet corn</p> <p>10</p>	<p><u>Swiss Chard</u> <u>Tomato</u></p> <p>tangelos tangerines</p> <p>11</p>	<p><u>Turnip</u> <u>Watermelon</u></p> <p>ugli fruit water chestnuts watercress</p> <p>12</p>

- | | | | | |
|----------------|-------------|---------------|-----------------|------------|
| tangerines | avocados | corn | pumpkin | radishes |
| limes | oranges | string beans | star fruit | figs |
| quince | apricots | endive | beets | ugli fruit |
| tangelos | jicama | zucchini | parsnips | mango |
| sweet corn | eggplant | garlic | rhubarb | watercress |
| cabbage | broccoli | baby carrots | water chestnuts | peas |
| collard greens | cranberries | huckleberries | melons | red pepper |

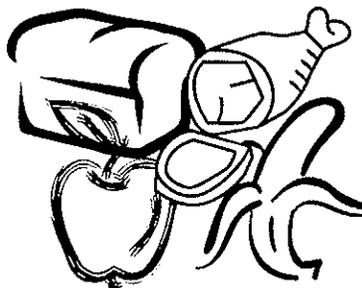
What vegetable did not fit into the dictionary? zucchini

Name _____

Sarah's Birthday Lunch

Sarah is planning to have a special birthday lunch with her friends. At her birthday lunch, she will have ham and cheese sandwiches, fresh fruit, baked chips and birthday cake. She needs to buy the following items to prepare her special meal:

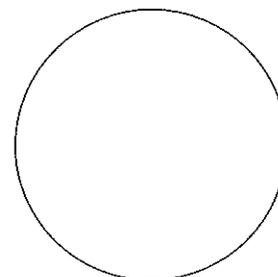
Sliced ham	\$1.89
Sliced cheese	\$2.20
Whole-wheat bread	\$1.99
Fresh fruit	\$2.69
Baked chips	\$2.89
Birthday cake	\$3.88



1. Estimate how much Sarah has to pay for her birthday lunch. Round off to the nearest dollar to get the estimated cost of the meal. If there is no sales tax, what is the estimated cost of the meal? Show your work. Circle the correct answer.
 - a. \$10.00
 - b. \$12.00
 - c. \$14.00
 - d. \$16.00
 - e. \$18.00
2. Show at least three different combinations of bills to illustrate how much money Sarah must have to buy the food items.

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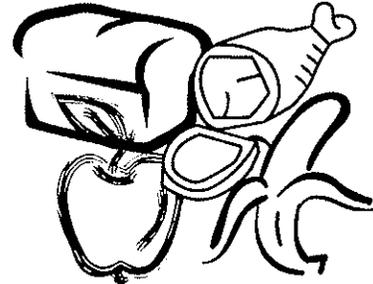
3. Using a calculator, find the exact cost of Sarah's birthday meal. \$ _____
4. If Sarah invites seven friends to her party, how much will the meal cost for each person at the party (include Sarah)? _____
5. On the circle below, show how you would divide Sarah's cake for Sarah and her seven friends. How many pieces do you have? _____
6. How much of the cake did each person have to eat? _____



Sarah's Birthday Lunch

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Sliced ham	\$1.89	(\$2.00)
Sliced cheese	\$2.20	(\$2.00)
Whole-wheat bread	\$1.99	(\$2.00)
Fresh fruit	\$2.69	(\$3.00)
Baked chips	\$2.89	(\$3.00)
Birthday cake	\$3.88	(\$4.00)



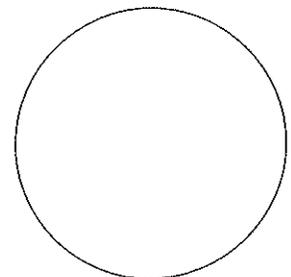
1. Estimate how much Sarah has to pay for her birthday lunch. Round off to the nearest dollar to get the estimated cost of the meal. If there is no sales tax, what is the estimated cost of the meal? Show your work. Circle the correct answer.

$2.00 + 2.00 + 2.00 + 3.00 + 3.00 + 4.00 = 16.00$

- a. \$10.00
 - b. \$12.00
 - c. \$14.00
 - d. \$16.00**
 - e. \$18.00
2. Show at least three different combinations of bills to illustrate how much money Sarah must have to buy the food items.

<p>3 five-dollar bills 1 one-dollar bill</p>	<p>1 ten-dollar bill 1 five-dollar bill 1 one-dollar bill</p>	<p>16 one-dollar bills</p>
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3. Using a calculator, find the exact cost of Sarah's birthday meal. **\$15.54**
4. If Sarah invites seven friends to her party, how much will the meal cost for each person at the party (include Sarah)? **\$1.94** $\$15.54/8 = \1.94
5. On the circle below, show how you would divide Sarah's cake for Sarah and her seven friends. How many pieces do you have? **8**
6. How much of the cake did each person have to eat? **1/8**



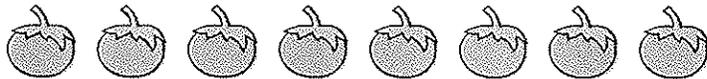
Name _____

Put a Rainbow in Your Day

Math

Directions: Answer the questions by putting the correct number or fraction in the space.
Show your work.

1. Kristen has 8 tomatoes in her garden. She will divide them among her 4 friends. How many tomatoes will she give to each friend? _____



2. Tom picked 10 bunches of cherries. He will share them equally with his friend David. How many bunches of cherries will each of the boys get? _____



3. Shameka has 3 apples to share with her 6 friends. Divide the apples so each one of her friends can have a piece.



How much of the apple will each of her friends have to eat? _____

4. Jose buys 6 bananas to share with his soccer team. There are 12 boys on the team. How much of a banana will each boy get to eat? _____



5. Houg has 12 strawberries to share with her 3 sisters. If Houg divides the strawberries so that she and her 3 sisters get an equal number, how many strawberries will each girl get? _____



Put a Rainbow in Your Day

Math

Directions: Answer the questions by putting the correct number or fraction in the space.
Show your work.

1. Kristen has 8 tomatoes in her garden. She will divide them among her 4 friends. How many tomatoes will she give to each friend? **2 tomatoes**



2. Tom picked 10 bunches of cherries. He will share them equally with his friend David. How many bunches of cherries will each of the boys get? **5 bunches**



3. Shameka has 3 apples to share with her 6 friends. Divide the apples so each one of her friends can have a piece.



How much of the apple will each of her friends have to eat? $\frac{1}{2}$ apple

4. Jose buys 6 bananas to share with his soccer team. There are 12 boys on the team. How much of a banana will each boy get to eat? $\frac{1}{2}$ banana



5. Houg has 12 strawberries to share with her 3 sisters. If Houg divides the strawberries so that she and her 3 sisters get an equal number, how many strawberries will each girl get? **4 strawberries**



Name _____

Put a Rainbow in Your Day

Sentences

Directions: Read each sentence. There is at least one mistake in the underlined part of each sentence. The mistake may be spelling, punctuation, capitalization, word usage or in sentence structure. Rewrite the sentence correctly on your own paper.

1. I eat colorful fruits and veggies every day?
2. Broccoli and green apples is part of the green group
3. Choose lots of fruits and veggies for you're daily diet.
4. Have you read the book Fruits and Vegetables by T B murphy.
5. Oranges are grown in the state of florida
6. Fruits and Veggies are a good source of fiber.
7. Know one fruit can give us all of the vitamins that we need.
8. eating a lot of fruits and veggies will help you stay healthy.
9. What does putting a rainbow in your day tell us.
10. One of our favorite veggies that we eat at thanksgiving is from the orange group. What veggie is it?



Put a Rainbow in Your Day

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Directions: Read each sentence. There is at least one mistake in the underlined part of each sentence. The mistake may be spelling, punctuation, capitalization, word usage or in sentence structure. Rewrite the sentence correctly on your own paper.

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5. Oranges are grown in the state of Florida.
6. Fruits and veggies are a good source of fiber.
7. No one fruit can give us all of the vitamins that we need.
8. Eating a lot of fruits and veggies will help you stay healthy.
9. What does putting a rainbow in your day tell us?
10. One of our favorite veggies that we eat at Thanksgiving is from the orange group. What veggie is it?



Name _____

Rainbow Shopping

Part 1

Directions: You are helping out with the food shopping. Your job is to buy the fruits and veggies, but your shopping list got all mixed up. First, unscramble the words to find out what you need to buy. Then, circle the words on your list with crayons, colored pencils or colored pens to show the group in which each fruit and veggie belongs (think about the five color groups).



1. rieserch _____
2. nedcan estotoma _____
3. deird goman _____
4. plepineap iceju _____
5. nanabas _____
6. achspin _____
7. colibroc _____
8. pleganteg _____
9. berblrieuse _____
10. zenfro saep _____



Part 2

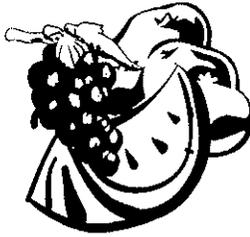
Directions: You can find fruits and veggies all over the supermarket because they come in different forms. For example, pineapples can be found in the produce section as fresh fruit, in the dairy case as pineapple juice, in the frozen food section as frozen juice, in the canned goods section and in the dried fruit section. Think about the fruits and veggies below. Depending upon their form, where might you find them in the supermarket? Mark an "X" under the sections where you might find each fruit and veggie.

	Produce	Dairy	Frozen Foods	Packaged/Canned Goods
Grapes				
Cauliflower				
Green beans				
Mushrooms				
Tomatoes				
Potatoes				
Peaches				
Blueberries				
Carrots				
Oranges				

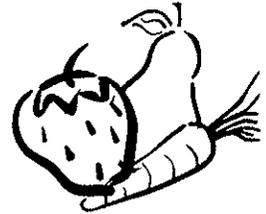
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- | | | |
|-----|-----------------|------------------------|
| 1. | rieserch | <u>cherries</u> |
| 2. | nedcan estotoma | <u>canned tomatoes</u> |
| 3. | deird goman | <u>dried mango</u> |
| 4. | plepineap iceju | <u>pineapple juice</u> |
| 5. | nanabas | <u>bananas</u> |
| 6. | achspin | <u>spinach</u> |
| 7. | colibroc | <u>broccoli</u> |
| 8. | pleganteg | <u>eggplant</u> |
| 9. | berblrieuse | <u>blueberries</u> |
| 10. | zenfro saep | <u>frozen peas</u> |



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Directions: You can find fruits and veggies all over the supermarket because they come in different forms. For example, pineapples can be found in the produce section as fresh fruit, in the dairy case as pineapple juice, in the frozen food section as frozen juice, in the canned goods section and in the dried fruit section. Think about the fruits and veggies below. Depending upon their form, where might you find them in the supermarket? Mark an "X" under the sections where you might find each fruit and veggie.

	Produce	Dairy	Frozen Foods	Packaged/Canned Goods
Grapes	X			X
Cauliflower	X		X	X
Green beans	X		X	X
Mushrooms	X			X
Tomatoes	X			X
Potatoes	X		X	X
Peaches	X		X	X
Blueberries	X		X	X
Carrots	X		X	X
Oranges	X	X	X	X