

TEAM NUTRITION EDUCATION MATERIALS

Team Nutrition wants to ensure that all school districts, schools and child care centers participating in the Federal Child Nutrition Programs have copies of all the Team Nutrition technical assistance and support materials available to them. Some items (*Fruits and Vegetables Galore*, *Fruits and Vegetables Challenge Kit*, *Changing the Scene*, *Making It Happen*, and *Popular Team Nutrition Events*) may be ordered online <http://www.ntis.gov/tn/Index.aspx> . The *Food Buying Guide* is only available in downloadable pdf format. <http://teamnnutrition.usda.gov/Resources/foodbuyingguide.html>

Schools and School Districts Only

Changing the Scene <http://teamnnutrition.usda.gov/Resources/changing.html>
and *Making It Happen* <http://teamnnutrition.usda.gov/Resources/makingithappen.html>
are very useful tools to assist schools in implementing and/or refining their School Wellness Policy. The information provided in these two publications will save the schools and school districts time and effort in identifying and finding solutions for school nutrition environment issues.

Popular Team Nutrition Events <http://teamnnutrition.usda.gov/Resources/popularevents.html>
gives schools and school districts ideas for fun nutrition education events for students and their parents to introduce and reinforce positive nutrition and physical activity messages. Based on a publication developed by Michigan Team Nutrition, these are events that have been carried out in schools so we know they work.

With the release of the 2005 Dietary Guidelines for Americans (DGA) and MyPyramid.gov, many of the USDA nutrition education materials have been or are presently being revised.

Outdated Items No Longer Available

- What Size is Your Serving? Poster
- 10 Steps for Parents flyer; English and Spanish
- Go, Glow, Grow Foods for You; English and Spanish
- Fun Tips – Using the DGA at Home flyer
- It's Up to You! Poster

NEW materials

Nutrition Essentials <http://www.fns.usda.gov/tn/Resources/nutritionessentials.html> is a series of lessons to help middle/high school students make healthful eating and physical activity choices. It contains 5 posters and an interactive CD, [*NutritionDecision*](#), with games and nutrition education information. <http://www.fns.usda.gov/tn/Resources/nutritionessentials.html>

Resources for Foodservice Professionals

Need posters for your cafeteria, a list of recommended nutrition books for elementary students, a guidebook for planning a Nutrition Fair, or Menu Planning Tools? To see a comprehensive listing of all the resources available through Team Nutrition, go to the Team Nutrition Resource Library <http://teamnnutrition.usda.gov/library.html>

Order Forms

Online Order Form for Team Nutrition Resources <http://www.ntis.gov/tn/Index.aspx>
MyPyramid Order Form <http://www.ntis.gov/USDA/MyPyramid.aspx>