

October, 2011, Issue No. 30

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2011-2012 INDIANA AFFILIATE ELECTED OFFICERS

President: Brenda Duncan-Davis, Bloomington
 Secretary: Casey Merrick Dyson, Wabash
 VP of Internal Affairs: Alyson McIntyre-Reiger, CFCS, Evansville
 VP of Program: Courtney Condes, Hammond

Pres. Elect: Jane M. Baker, CFCS, Boonville
 Treas: Dr. Diana Saiki, Muncie
 VP of Ext. Affairs: Londa Hight, Spencer
 Past President: Wanda Hoover, Kokomo

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From Your AAFCS, Indiana Affiliate President, Brenda Duncan-Davis October, 2011.



Did you enjoy the AAFCS/IN conference “*Connecting Professionals...Touching Lives in the Field of Family and Consumer Sciences*”? I was very pleased with the variety of sessions and the options provided in two FCS tracks. Kudos to Courtney Condes, Vice-President of Program, for all her conference work and the media blasts she did prior to conference. The conference committee will be reviewing financial outcomes and evaluations, identifying the highlights and challenges as plans begin for next year’s conference.

Acknowledgement and a special “shout-out” to all of the AAFCS/IN award winners—Janel Franks, Teacher of the Year; Jane Steiner, Leader Award; Casey Dyson, Lamplighter Award; University Scholarship winners; 25/50-year members; and Alyson McIntyre-Reiger for receiving the AAFCS New Achiever Award. What a wonderful group of honorees to represent our profession!

Thanks to everyone who stopped by and signed up at the AAFCS/IN booth. Tina Morgan was the winner of the free membership, and Mary Sue Burkhardt won the free Pacesetter Dinner ticket for the national conference in Indy. Congratulations to Tina and Mary Sue!

Another special acknowledgement goes to Peggy Wild, a candidate for AAFCS President! Voting will begin online in January 2012. Be sure to watch for information on the candidates and when to vote.

In brief, I encourage you to promote uniform name recognition of Family and Consumer Sciences and to continue your work to make FCS more visible in your community. As a national organization and at the state level, our organization is implementing national obesity prevention and nutrition education programs for youths and adults in our schools and communities. We have developed a new partnership with the Indiana Healthy Weight Initiative and are looking for AAFCS/IN members to help develop our action plan. Are you passionate about reducing childhood obesity, improving nutrition, and encouraging exercise? Are you willing to serve on this committee? If so, please join the AAFCS Nutrition, Health and Food Management Community or email me at bdavis@socs.k12.in.us.

To conclude, I want to encourage you to attend the AAFCS 103rd Annual Conference and Expo in Indianapolis. New trends, resources and networking with other professionals are within driving distance for all of us. I am excited about the knowledge that can be gained from the conference content as well as being within walking distance to a variety of activities, restaurants and Circle City Mall! As you make your summer plans, I hope you save the dates June 24-27 to attend the AAFCS Indy conference. *Brenda Duncan-Davis*



AAFCS, Indiana Affiliate State Conference News: "Connecting Professionals - Touching Lives in the field of Family & Consumer Sciences". AAFCS - Indiana Affiliate 2011 State Conference. September 29-October 1, 2011. Wyndham West Hotel, Indianapolis Indiana.

2011 Indiana Affiliate Award Winners: Conference photos by Ron and Mary Sue Burkhardt



Scholarship Winners at left: L-R. Jennifer Wilson, FCS Education, Purdue University; Lauren L. Siefert, FCS Education, Ball State University; Allison M. Herzog, Human Development and Family Science, Indiana State University. Pictured at right: L-R. **Lamplighter Award:** Casey Dyson, District 2/B; **AAFCS New Achievers Award:** Alyson McIntyre-Reiger, CFCS, District 7/G; **Leader Award:** Elizabeth Jane Steiner, CFCS, District 3/C; **Teacher of the Year Award:** Janel Franks, District 2/B.

TOY Curriculum Unit: Janel Franks' Unit is "Building Bright Ideas". This program is implemented into every Family and Consumer Sciences course at Southern Wells Jr. Sr. High School, in grades seven through twelve. Real-world scenarios are presented to students, and they use information learned in class to solve these problems. In order to bridge the gap between the skills students come with and those needed in the real world, problem solving and critical thinking are directly taught. A problem solving guide was created so that students are guided through each step while including spaces for students to respond with their own thoughts, answers, and bright ideas.

Twenty-five year members recognized but not in attendance were Laura M. Stoner, 1/A; Lynn E. Robison, 3C; Suzanne S. Huber, 5/E; Alice Fae Johnson, CFCS, 5/E.



Fifty-year members: Joan McFadden, PhD of Seymour, IN, formerly a professor at Ball State University and Executive Director of AAFCS, was honored for fifty years of membership in AAFCS, Indiana Affiliate. Her guests included two former students. At left is Traci Robinson, center, Dr. McFadden, and right is Brenda Osman.

Others recognized but not in attendance were: Eleanor E. Ragon, 3/C, and Mary E. Schuman, 5/E.

Opening General Session: "A Roadmap to Healthy Living." Recorder - Denise Geller. The opening session, was presented by Carol Friesen, Ball State University Associate Professor of Family and Consumer Sciences. She gave an entertaining and valuable update on the revised US Dietary Guidelines and Food Guide (now a plate instead of a pyramid), including web sites for us to refer to for additional resources.

Some guidelines presented were:

- 1- "Add in" the positives that are missing before taking away (all foods have value)
Build a healthy plate; make half your plate fruits and vegetables.
- 2- Eat breakfast!
- 3- Get in MORE soluble fiber (oatmeal, fruits, vegetables, legumes) - "... if necessary, use 'Beano'..... then there will be no gas!"
- 4- Get more Heart-Healthy fats (monounsaturated and Omega 3)
- 5- Get more potassium (fruits, tomatoes, potatoes, milk, yogurt, Kefir)
- 6- Get more Polyphenols (colorful fruit and vegetables and soy)
- 7- Get in more physical activity (30 min./day minimum)

Overall: Enjoy food, but eat smaller portions. Remember to use moderation. Take more time to enjoy the food so your brain has a chance to tell you when to stop!

Breakout Session: "Mathematical Quilts". Recorder - Denise Geller. Retired math teacher, Elaine Ellison, showed numerous beautiful quilts that she used in her math classes to introduce math concepts in a visual way. The fascinating quilts can be used in any classroom subject because they apply both right and left brain learning as they combine abstract thinking and algebra skills with creativity, spatial relations, geometry, art and problem solving, etc. Through the language of color and patterns, she has also worked with people of all languages to explore mathematics as they gain geometric insights in the creation of paper or fabric quilts. Fibonacci sequences are used to replicate numbers in nature and apply to the visuals of art and math. The Golden Rectangle discovered by Greeks centuries ago is integrated in science, math, art and design, and music and offers a more pleasing and beautiful relationship to the eye when incorporated in the quilts. For more ideas go to www.mathematicalquilts.com.

Breakout Session: "News from the Local Food Movement". Recorder - Harriett Armstrong, CFCS. From where does your food come? How does what you eat impact you and your community? What is a "locavore"? These questions and others were addressed by Lori Moses, owner and operator of Double Oak Tree Farm. Starting as early as three years old, it was obvious that gardening was in her blood. Since then a hobby has grown into a business that more directly connects the local shopper with produce raised within 100 to 250 miles. The local food movement seeks to provide better taste and nutrition, encourage more genetic diversity, support local farm families, and build accountability into the food system. As her business has grown from a stand at a farmer's market to a year round operation, she has come up with creative business practices and sought to help in educating the public. She shared a wealth of resources that have been of help to her and tips on how we can reap the benefits of locally grown foods.

Breakout session: "Service Learning". Recorder - Alyson McIntyre, CFCS. Presenters: Brenda Duncan Davis and Brenda Osman. Service Learning is more than just community service. In service learning, students must have a voice and find their passion for success to occur. Additionally, service learning must be tied to standards. Brenda Duncan Davis started the presentation by sharing this insightful information regarding service learning and then followed up by giving examples of service learning that she has conducted with students. Although she has done many projects including: Operation Snack Pack and the Giving Tree Room (a free clothing room), the most impressive has to be Mission Ignition. What started as a safe driving program and a 2000 grant has grown into a multi-year program with its own publications. This successful project has led to Owen Valley High School receiving a check for over 84,000 dollars (yes that is right) to utilize in educating students about safe driving. After hearing about this project, Brenda Osman from East Central High School shared many ways to teach service learning in the classroom and make connections to student leadership through FCCLA. One example is the Project Linus program that Brenda has done with her students where they plan and make blankets. Involving the entire community in the process resulted in over 300 blankets to donate. This involved many classroom skills including: communication, teamwork, product development, and application of skills. Other examples include: Operation Troop Drive, Keep Students Warm, Share our Strength, and even making homemade dog treats for the humane society. Overall, service learning is a benefit to the community but also to students. Besides the various skills gained through projects, students can earn recognition through FCCLA projects and by entering their volunteer hours on the Presidential Volunteer Website. The message is to serve is to learn.

Breakout Session: *"Oh, The Places You'll Go!"*. Recorder - Courtney Condes. Greg Seiter from AAA Hoosier Motor Club did a fabulous job presenting valuable information on safety, accessibility, and overall travel ideas to a group of professionals ranging from new teachers to retired ones. The basic information he gave out is timely and up to date and will benefit all who attended. He stated:

1. Research the area to which you plan to travel. Check for handicap accessibility if needed.
2. Participate in cruises. They eliminate the need to pack and repack and have multiple stops.
3. Consider a river cruise. They use smaller ships, have easy access, and dock in quaint towns.
4. Avoid travel scams. Don't go with offers from junk mail. Ask for hidden fees. Run background check.
5. Know your cruise line. Some are more leisurely. Some cater to seniors. Some are for families.
6. Check www.complaintsboard.com and www.ripoffreport.com for information about travel situations.
7. Get complete details in writing. Always pay with credit card because of your right to refuse charges not rendered. Notify your credit card company that you are traveling.
8. Provide complete location information to your family members. Do not carry valuables, jewelry, and even costume jewelry; have health insurance for medical evacuations; carry all medications in labeled containers; and don't say your room number out loud.

Breakout Session: *"BPA: Should You Be Concerned"*. Recorder - Londa Hight. Dr. Charles R. Santerre, a Professor of Food Toxicology in the College of Health and Human Sciences at Purdue University, was very informative about the debate on the safety of Bisphenol A (BPA). This is a chemical used in plastics and in the enamel coating on the inside of food containers. It was explained that BPA is an industrial chemical that has been present in many hard plastic bottles and metal-based food and beverage cans since the 1960s. The first point made by Dr Santerre was that all foods have chemicals that at some level could kill us. Just because a chemical is present does not make it unsafe. It is the level of the chemical that is the concern. He emphasized that, "The dose makes the poison". This is the bases of the Toxicology Theorem and is true for all chemicals that are found in or on our food.

In general, studies show that the current Bisphenol A levels are at a safe level. However, more studies are recommended. Once BPA enters the GI tract and the liver converts it to glucuronide and sulfates, it becomes water soluble and is easily eliminated from the body's system. Infants tend to be at a greater risk with a concern of the effects on the brain, behavior, and prostate gland but current data still has infants at a safe level. Some precautions could include using bottles labeled as BPA free, discard scratched bottles, avoid pouring hot liquids into plastic bottles, and avoid the use of plastics with recycle codes of 3 (PVC) or 7 (other). Currently it is not recommended that families change the use of infant formula or foods, as the benefit of a stable source of good nutrition outweighs the potential risk from BPA exposure.

Breakout Session: *Bella Bella Arts*: Recorder - Brenda Duncan-Davis

In the true entrepreneur spirit, Lara Moore shared the journey of establishing her business, Bella Bella Arts. Her beautiful handcrafted work started when she created her first bowl. With health issues, making bowls became a way to pass the hours. At the time, she had no idea that her hobby would turn into a career.

Her merchandise expanded to include furniture, wall art, decorative mirrors and accessories. Each piece features a distinctive hand cut paper pattern design and is unique and functional. To see her custom work visit her website www.bellabella.com or visit her gallery located at 241 W. Grimes in Bloomington. In the spring she will be introducing a new line of linen that replicates her original designs. Lara's passion and energy were an inspiration to others to move forward with personal business dreams and goals.



Exercise Session: *Shabam*: By Jane Baker, CFCS. The latest health and fitness calorie-burning dance-fitness-party™ was led by Laura Wilson. She is a trained instructor for Les Mills, International, New Zealand and has been dancing for 10 years. This type of program can be found in at least seventeen schools in Indiana. Lafayette Catholic uses this program in P.E , FACS and as part of basketball conditioning. Twenty-seven participants were up and dancing for the thirty minute program.

Keynote Address: *"What does retirement security really mean?"* by Jane Baker, CFCS. Speaker: Jeff Baker, CPA, CFP, CSA. Jeff stated that income really hasn't gone up in the last ten years due to global trade. Today's economy has 9.1% unemployment. The unemployment rate for those with a college degree is less than 5% and without a high school diploma it is greater than 15%. Kids are our raw material for progress.

We need to follow these seven money tips found in the book, The Richest Man in Babylon by George S. Clason.

1. Manage cash.
2. Learn to save (pay yourself first).
3. Only spend 90%.
4. Create a nest egg.
5. Understand credit and credit scores.
6. Create wealth (which is security, a savings account)—you can earn it, marry it, or inherit it.
Wealth comes from what you make and don't spend.
7. Protect your wealth? If you don't understand it (the investment) then don't do it. It is better for it to be a precaution rather than regret.

Teach young persons' tolerance, how to compromise and how to adapt to change. Here is a list of books that Jeff mentioned in his address: The Richest Man in Babylon by George S. Clason; The Ascent of Money by Niall Ferguson; The Fourth Turning by Neil Howe; and Endgame by John Mauldin.

Research/Creative Poster Session: Dr. Jay Kandiah, Chair. The exhibits were Sept 30 from 10-4 pm. Presenters or co-presenters were at their exhibits from 1:00-2:00 pm. The following presenters participated:

1. "Project-Based Learning in Family and Consumer Sciences Education."
Mary L. Beard and Dr. Wanda Fox.
2. "Coverage of Obesity Topics in Journal of Home Economics and Journal of Family and Consumer Sciences 1945-2010." Dr. Alice Spangler.
3. "FCS Members' Perspectives Related to Multidisciplinary Collaboration."
Dr. Jay Kandiah and Dr. Diana Saiki.
4. "Two Perspectives – One Outcome in Parametric Praxis"
Dr. Thelma Lazo-Flores and Morgan Dragoo.
5. "Enriching Experiences: A Multi-Level Project Enhancing Professional Development"
Dr. Diana Saiki and Dr. Jinhee Nam.
6. "Impact of an Educational Strategy to Change Knowledge, Attitudes, and Consumption of Fruits and Vegetables among High School Students in a Rural Indiana Community."
Monica R. Durham and Dr. Carol Friesen.

BOD/Council and Annual Meeting News: The BOD/Council meetings were held August 27, 2012 and September 29, 2012 at the Marker Library in the Wyndham, West Hotel, Indianapolis. The annual business meeting was held, October 1, 2012, in the "International Room" of the conference hotel, the Wyndham, West.

Highlights of the meetings with Brenda Duncan-Davis, President, presiding:

1. **Secretary, Casey Dyson** and **Treasurer, Diana Saiki** gave reports. All accepted for filing.
2. **V-Pres. Report: Jane Baker.** District 2B President, Janel Franks, had a fall meeting, October 20th, at the Kimmel House Inn at 6 PM; District C, November 2nd, at West Lafayette HS, 5PM; District E, President, Diana Stone, has planned October 31, 5:30 pm at Trader's Point Creamery in Zionsville; and District I, President, Harriet Armstrong, has planned November 3, 2012, 5:30 pm, at Columbus East H.; District G, Shirley Segert, President, had a meeting July 26, 2012 at Black Buggy, Washington, IN.
3. **V-P of Programs: Courtney Condes.**
Students: Erik Scarce, state President and AAFCS SU Secretary. Due to lack of interest, the students decided to not go forth with the shirt fundraiser. **Purdue:** Officers are President Amanda Salomon; VP, Bridget Gehlhausen; Treasurer, Alexis Hoffman; Secretary, Laila Lemcharfi; and Activities Director, Kaitlin Schneider. Sponsor is Corinne Zuege. Meetings are planned for the last Wednesday of each month. A Christmas party is planned at Mrs. Zuege's home. **Indiana State:** Advisor, Dr. Barbara Clauss. Under the leadership of Erik Scarce, the student unit is actively engaged in fundraising plans in anticipation of the national conference next summer. **Ball State:** Advisor, Pam Stigall. Officers: President, Emily Hagan; Fundraising Chairperson, Liz Slater; Secretary/Treasurer, Tricia Alexander; Service Chairperson, Raeanne Schlotterbeck; and Social Chair, Stacie Stevenson. They are planning two meetings per month.



Students attending state conference. Front l-r: Alexis (Lexy) Hoffman, PU, Laila Lemcharfi, PU; Erik Searce, ISU; Elizabeth Flinner, BSU; Row 2, L-R: Lauren Alexandra Seifert, BSU; Eloise Mobley, BSU; Roseanne Schlotterbeck, BSU; Back L-R: Mary Michel, Amanda Solomon, Bridget Gehlhausen, and Jennifer Wilson all of Purdue.

Extension: Vickie Hadley and Area XI received the Central Region Food Safety Award. Dr. Peggy Ehlers serves as the Central Region Director. Mary Ann Leinhart-Cross, Indiana, will be completing her term as past president.

Elementary, Secondary, and Adult Education: Jane Steiner, ESAE Indiana Affiliate Chair. All FCS teachers, who are members of AAFCS, are urged to join the AAFCS, ESAE Community. Communities are free with an AAFCS membership. Jane is Co-Chair of ESAE for AAFCS. Becky Newell and Elle Keppler of Indiana will be serving as the new ESAE newsletter editors for AAFCS. ESAE web portal: Starting in 2012, ESAE Community members will be able to obtain lesson plans and teaching aids through the AAFCS website. Indiana Teachers, send in your best ideas to ESAE.

4. **V-P Internal Affairs Report: Alyson McIntyre.**

Affiliate Website: Peggy Wild has updated all of the logos--F&CS, 2012 Annual Conference Logo, and affiliate logo; updated the officers and other leaders listings, awards pages, conference information, and any other out-of-date or incorrect information.

Awards: Denise Geller and Shirley Messmer. See photos and article above.

E-News: Roma Jean Bradburn, Editor. Next e-news will be a February/March issue. Issues are sent by U.S. Mail to 33 members without e-mail access.

Membership Data: As of October 22, 2011--232 members. 123 Active, one is Ellen Richards Sustaining, 46 Emeritus, 15 Lifetime, and 47 students. Welcome to all new and reactivated members.

Membership Promotion: Larissa Staley Cremeens. Larissa will focus on the new professionals and those graduating from college.

Historical Records: Roma Jean Bradburn, Historian. All records from the past decade are ready to be placed in the Indiana Affiliate Archives at the state library. **Copies of the 2003 and 2005 membership directories**, are needed to complete the collection through August 2011. If you have copies, contact rbradburn43@gmail.com before sending to Roma Jean Bradburn, 11094 Napa Valley Ln, Fishers, IN, 46037-3965.

Certification: Vickie Hadley, CFCS, CPFPE. Exams are offered December 10, 2011 at 10 am at the Grissom Room, Department of Education, in Indianapolis, Indiana. Contact Vickie at hadleyv@purdue.edu or 260-481-6826. The CPFPE exam was offered by AAFCS, October 15, 2011 during the APU Leadership Conference.

5. **V-P External Affairs Report: Londa Hight.**

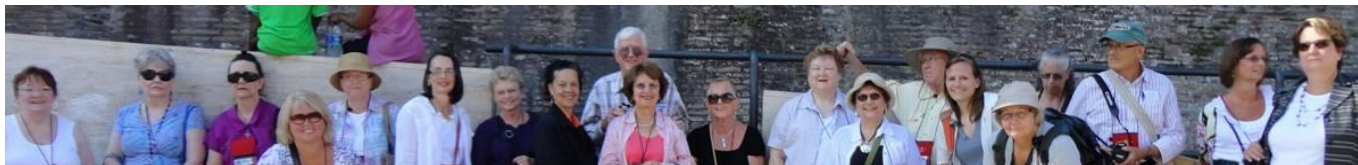
COFO: Diana Stone. The Family Impact Seminar, November 21, 2011. Topic: Jobs, Jobs, Jobs.

Development: Janel Franks. A Silent Auction was held during the conference raising over \$400. Betty Lamp charms are available for \$10 and luggage tags for \$4 or three for \$10.

Legislation & Public Policy: Cindy Leonard. AAFCS continues its policy focus on financial literacy, health and wellness, and child care. Resolutions for 2012 involved Sustaining Family and Consumer Sciences Education and Obesity Prevention & Healthy Weight Initiative.

Public Relations: Leslie Gackle. The Fall 2010 shoe collection, of 37 pairs, was taken to Chicago to a distribution center. At the Spring 2011 teacher conference, the outreach project focused on helping FCS teachers by having attendees bring unwanted teaching materials etc. to share with others. A small box of remaining items were donated to Goodwill.

IFHE: Joan McFadden. A tour of Italy was held in July 2011. Since the IFHE meeting is in Melbourne in July, Australia and/or New Zealand are being explored as potential tour sites for 2012.



Those touring Italy were: L-R: JoAnn Moore, F&CS teacher from Decatur Central, was on the end but didn't get in this photo. Peggy Wild; Paula Sampson; Gail Sampson, (Paula's sister); Kathy Telligman, (friend of Lou Ann Lindsey); Barbara Watkins, (friend of Karen Paff); Lou Ann Lindsey; Karen Paff, (FCS Teacher in South Bend); Altamese Thompson; Bill Ford; Joan McFadden; unknown bystander; Candise Miller, (sister-in-law of Carol Miller); Kitty Decker; Ken Decker; Courtney Condes; D'Ann Condes, (Courtney's mother); Carol Smith, (IFHE rep to UN, from Ohio Extension); Jim Helm; Sharon Helm, (FCS teacher in Ft. Wayne); and Peg Ehlers, (Coop Ext in Dearborn County).

6. **Past President's Report:** Wanda Hoover.

Summer Tour: No separate Indiana summer tour will be planned for 2012.

Nominations are needed for 2012-2013. President Elect, Treasurer, and VP of Program.

Past Presidents: Thirty-five letters were mailed to past presidents in August. Nineteen messages were received. Ruth Presley's letter was returned stating that she passed away on May 8, 2011. Dr. Mary Crenshaw's letter was returned with no forwarding address. If anyone has news of Dr. Crenshaw, contact whoover413@hotmail.com.



Attending the past presidents meeting were.: Far back: Tambra Bauchert, Middle L-R: Jeanna Jones, Linda Regnier, Phyllis Stewart, Jane Steiner. Front L-R: Kitty Decker, Dr. Jay Kandiah, Roma Jean Bradburn, and Mary Sue Burkhardt.

AAFCS 2011 Senate Meeting: Senators, Brenda Duncan-Davis and Wanda Hoover.

The Senate passed two motions and two resolutions.

- A new membership category was added - associate membership. Individuals with an associate degree, pre-baccalaureate level certification, or pre-baccalaureate level licensure in family and consumer sciences or a related field are eligible for associate membership. Annual dues in most states will be \$115 for associate members.
- Also passed during the Senate meeting was the change of terms for the Directors-at-Large that serve on the Board of Directors. Each Director will continue to serve three-year terms, but the terms will be staggered so that a new Director takes office each year.
- The Senate passed two resolutions. For content, access the July 2011 IN Affiliate E-News online.

2012 AAFCS 103 Annual Conference & Expo, June 24-27, 2012. Marriott Downtown, Indianapolis, IN.

- Promotional packets were distributed during the Indiana Affiliate Annual Business Meeting, October 1.
- A list of tours has been prepared by Wanda Hoover and sent to headquarters. Headquarters staff will handle the contracting and details of the tours. Indiana will help staff the tours.
- Mary Sue Burkhardt represents Indiana on the program planning committee, ACPAC. Peggy Wild is the liaison to the BOD for this committee. This committee oversees all facets of program planning.

- The Local Arrangements Committee (ACLAC), (Co-Chairs: Vickie J. Hadley, CFCS, CPFFE and Roma Jean Bradburn) is responsible for the information table, recommending tours, providing and disseminating information about local interest and resources, helping to promote the Annual Conference, conducting volunteer sign-ups, writing news articles, plan for program arrangements and any hospitality activities assigned to ACLAC, submit information for the AAFCS website about local interests and information for anyone requiring handicapped assistance, plan for Ecumenical activity, participate in needed conference calls, and help with excursion coordination.
- **Entrepreneur Fair:** A popular session at Phoenix is planned again for Indy 2012. If you have a business that you have developed and are interested in displaying and selling your product at an evening session, please contact rbradburn43@gmail.com or hadleyv@purdue.edu. Once it is available, more information will be forthcoming after the first of the year.
- **Volunteer sign-ups.** Many of you have volunteered by placing your name on the list. If you have not done so, please contact rbradburn43@gmail.com to add your name. Approximately 100 volunteer slots will need to be filled in coordination with AAFCS.
- Jane Steiner, Cindy Leonard, and Casey Dyson and their committee members will solicit sample products from Indiana businesses to distribute at the Indiana Information booth for 2012.
- IFHE pre-conference activity has been planned for 6-9 pm. Sunday, June 24th, 2012 at the Buca di Peppo Italian restaurant downtown. Volunteer, Sharon McManus, Holland, MI, Director of the IFHE-US Development Fund, will co-ordinate the event.
- Brenda Duncan-Davis and Roma Jean Bradburn welcomed state conference attendees to Indy with a DVD and the Top Ten reasons to come to Indianapolis in 2012.

Member News: Our condolences to Cindy Leonard and her family for the loss of her mother on July 25, 2011. Cindy recently served as our V-P for Internal Affairs.

“Manage Your Membership” *By Sophy Mott, Sr. Member Relations Manager, AAFCS. (Source: Website)*

AAFCS’ has gone online! Now current members can sign-in to the Web Portal at <http://www.aafcs.org/technology.html> and “manage their membership.” Not a member? Create a profile and join online, today!

How to sign in: unless you’ve already changed your user name and password in your online profile, your “user name” defaults to your email address and your password is your AAFCS member # (found on your membership card). If AAFCS does not have your email address on record, then both your user name and password will be your AAFCS member #. Not sure what your member # is? Email membership@aafcs.org to find out. Once you’ve signed in:

- Renew online! Members whose grace period for online renewal hasn’t expired have the option of renewing online. If you’ve received your renewal notice recently, save a stamp or phone call and renew online today!
- View and update your member profile online. If you’ve moved, or changed phone or email addresses, let us know so you can continue to receive news and publications from both your affiliate and AAFCS. Note: if you change your email address in your profile, your user name will NOT change (unless you contact AAFCS to change your user name.) (Editor’s note: Your old e-mail will continue to be your user name.)
- Check out AAFCS’ online membership directory to expand your FCS network.
- Need to see if AAFCS has received your renewal payment? Need an invoice so you can receive reimbursement from your employer for conference registration? Go to the “My Transactions” tab of your profile, and print an invoice for your records.

AAFCS has also launched its online Communities Web Portal. Accessible with the same user name and password as the Membership Web Portal, online Communities are a great way to maximize your membership! Once you “join” a Community online, you can participate in discussions, post documents, advise members about upcoming events, and more! Sign in today at <http://webportal.aafcs.org:8080/default.aspx>—you’ll be glad you did!

Editor’s Note: To access your information, go to www.aafcs.org. Click on membership, scroll down to web portal, click on that, on next page, click on login and then type in user name and ID # as password. On the next page click on whatever link you need and follow directions.