

Academic Achievement

Programs can accomplish this by:

- Providing structured homework time and tutoring
- Including academic aspects in enrichment programs to reinforce similar themes.
- Incorporate high-yield learning activities into academic time
- Encourage students to engage with technology-based learning provided by school or various resources available to grantees

Problem Solving

Programs can accomplish this by:

- Integrating youth voice into planning opportunities
- Creating a peer-to-peer conflict resolution team
- Utilize dimensional programming that involves completing multiple steps
- Allow youth to struggle with an activity/program to ensure they work through steps on their own
- Discuss being proactive vs. being reactive

Best Practices

In an effort to better support high-quality programming, IDOE encourages grantees to incorporate these five best practices into their programming. Each best practice is linked directly to Indiana Afterschool Network's [quality standards](#).

Academic Achievement

Aligns with Standard 4 & Standard 13

Problem Solving

Aligns with Standard 4 & Standard 6

Health and Wellness

Aligns with Standard 10 & Standard 12

Positive Discipline

Aligns with Standard 5 & Standard 6

Equitable Access

Aligns with Standard 1 & Standard 2

Health and Wellness

Programs can accomplish this by:

- Incorporate physical activity into every day; allow this programming to be structured as well as unstructured
- Train staff on how to work with youth experiencing trauma; bring in outside resources to help when needed
- Provide developmentally appropriate programs around key topics; nutrition, hygiene, healthy relationships, etc.

Positive Discipline

Programs can accomplish this by:

- Training staff to utilize redirect techniques when applicable
- Encourage a culture of honesty and empathy
- Transform conflict skills into leadership skills by giving youth a role in programming to keep youth engaged appropriately
- Engage with parents with there is positive behavior, not just when there is negative behavior

Equitable Access

Programs can accomplish this by:

- Engage with school district and local stakeholders to compile data and other relevant information to create a holistic picture of demographics served
- Educate staff on how to tailor programming to needs of individual youth
- Encourage youth to embrace differences and allow them space to showcase those differences in a positive, supportive way
- Utilize the advisory board to create opportunities for staff/parents/community stakeholders to collaborate on special events/programming centered in global education