

## Personal Care Skills

| Oral Motor  |  |                               |  |                            |
|-------------|--|-------------------------------|--|----------------------------|
| No Evidence | Coordinates sucking, swallowing, breathing | Swallows pureed or lumpy food | Uses tongue to move and munch solid food | Chews with rotary movement |

| Self-Feeding |                         |                         |            |   |                            |
|--------------|-------------------------|-------------------------|------------|---|----------------------------|
| No Evidence  | Cooperates with feeding | Assists in feeding self | Feeds Self | Uses utensils and open cup to feed self | Serves self food and drink |

| Dressing/Undressing |                                   |                                |                               |
|---------------------|-----------------------------------|--------------------------------|-------------------------------|
| No Evidence         | Cooperates in dressing/undressing | Assists in dressing/undressing | Completes dressing/undressing |

| Care of Hands, Face, Nose |                                      |                                   |                                  |
|---------------------------|--------------------------------------|-----------------------------------|----------------------------------|
| No Evidence               | Cooperates in personal care routines | Assists in personal care routines | Completes personal care routines |

| Toileting   |                                     |                           |                                   |
|-------------|-------------------------------------|---------------------------|-----------------------------------|
| No Evidence | Demonstrates awareness of toileting | Participates in toileting | Completes toileting independently |

| Bathing and Personal Hygiene |  |  |  |
|------------------------------|--|--|--|
| No Evidence                  | Demonstrates awareness of personal hygiene | Participates in bathing and personal hygiene | Completes bathing and personal hygiene independently |

| Dental Care |                                       |                             |                                     |
|-------------|---------------------------------------|-----------------------------|-------------------------------------|
| No Evidence | Demonstrates awareness of dental care | Participates in dental care | Completes dental care independently |

| <b>Manages Dietary Needs</b> |   |  |                                     |
|------------------------------|---|--|-------------------------------------|
| No Evidence                  | Demonstrates awareness of dietary needs | Participates in planning for dietary needs | Independently manages dietary needs |

| <b>Manages Health Needs</b> |  |                                       |                                    |
|-----------------------------|--|---------------------------------------|------------------------------------|
| No Evidence                 | Demonstrates awareness of health needs | Participates in managing health needs | Independently manages health needs |

| <b>Manages Mental Health Needs</b> |   |  |   |
|------------------------------------|---|--|---|
| No Evidence                        | Demonstrates awareness of mental health needs | Participates in managing mental health needs | Independently manages mental health needs |

| <b>Maintains Physical Fitness</b> |  |                                   |  |
|-----------------------------------|--|-----------------------------------|--|
| No Evidence                       | Demonstrates awareness of physical fitness | Participates in physical activity | Independently maintains physical fitness |