

***Standards Correlation Guidance***  
***Grades PreK – 2***

<b>Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.</b>	
<b>Core Health Concepts</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.1.1 Identify that healthy behaviors affect personal health.	K.1.1 Name healthy behaviors.
	1.1.1 Tell how healthy behaviors impact personal health and wellness.
	2.1.1 Identify that healthy behaviors affect personal health.
2.1.2 Recognize that there are multiple dimensions of health. (emotional, intellectual, physical, and social health)	K.1.2 Identify that physical health is one dimension of health and wellness.
	1.1.2 Recognize that emotional health is one dimension of health.
	2.1.2 Recognize that there are multiple dimensions of health.
2.1.3 Describe ways to prevent communicable diseases.	K.1.3 Tell ways to prevent the spread of germs.
	1.1.3. Explain personal behaviors to prevent communicable diseases.
	2.1.3 Describe ways to prevent communicable diseases.
2.1.4 List ways to prevent common childhood injuries.	K.1.4 State behaviors to prevent or reduce childhood injuries.
	1.1.4. Identify places to play to prevent common childhood injuries.
	2.1.4 List ways to prevent common childhood injuries.

**Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.**

**Core Health Concepts**

<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.1.5 Describe why it is important to have regular medical check ups.	K.1.5 Tell why it is important to be checked by a doctor or dentist.
	1.1.5 Explain why it is important to have regular medical checkups.
	2.1.5 Describe why it is important to seek health care.

**Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.**

**Analyzing Influences**

<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.1.5 Describe why it is important to have regular medical check ups.	K.2.1 Identify how the family influences personal health practices.
	1.2.1 Describe how the family influences personal health behaviors.
	2.2.1 Identify how the family influences personal health practices and behaviors.
2.2.2 Identify what the school can do to support personal health practices and behaviors.	K.2.2 Recall what the school can do to support personal health practices.
	1.2.2 Recognize what the school can do to support personal health behaviors.
	2.2.2 Identify what the school can do to support personal health practices and behaviors.

**Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.**

<b>Analyzing Influences</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.2.2 Identify what the school can do to support personal health practices and behaviors.	K.2.3 State how the media influences behaviors.
	1.2.3 Identify how the media can influence health.
	2.2.3 Describe how the media can influence health behaviors.

**Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.**

<b>Accessing Resources</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.3.1 Identify trusted adults who can help enhance health.	K.3.1 Name a person who can help promote health and wellness.
	1.3.1 Choose a professional who can help promote health and wellness.
	2.3.1. Identify trusted adults and professionals who can help promote health.
2.3.2 Identify ways to locate school and community health helpers.	K.3.2 Name ways to locate a school helper for a health-related situation.
	1.3.2 List ways to locate a community helper for a health-related situation
	2.3.2 Identify ways to locate school and community health helpers.

<b>Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b>	
<b>Communication Skills</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
<p>2.4.1 List verbal and nonverbal communication skills to enhance health.</p>	K.4.1 Identify healthy ways to express needs.
	1.4.1 Describe healthy ways to express needs, wants and feelings.
	2.4.1 Demonstrate healthy ways to express needs, wants and feelings.
<p>2.4.2 Explain listening skills to enhance health.</p>	K.4.2 State listening skills.
	1.4.2 Identify listening skills related to health.
	2.4.2 Demonstrate listening skills to enhance health.
<p>2.4.3 Identify healthy ways to express needs, wants, and feelings.</p>	K.4.3 State ways to respond when in an unwanted situation.
	1.4.3 Identify ways to respond when in a threatening or dangerous situation
	2.4.3 Demonstrate ways to respond when in an unwanted, threatening or dangerous situation.
<p>2.4.4 List ways to treat people with kindness and respect.</p>	K.4.4 State ways to tell a trusted adult if feeling threatened.
	1.4.4 Identify ways to tell a trusted adult if threatened or harmed by another person.
	2.4.4 Demonstrate ways to tell a trusted adult if threatened or harmed.
<p>2.4.5 Describe ways to respond in an unwanted, threatening, or dangerous situation.</p>	
<p>2.4.6 Explain situations why talking to a trusted adult is important.</p>	

<b>Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b>	
<b>Communication Skills</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.4.7 Identify nonviolent ways to manage or resolve conflict.	

<b>Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.</b>	
<b>Decision Making</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.5.1 Identify personal health decisions.	K.5.1 Identify health-related situations.
	1.5.1 Describe a health-related decision.
	2.5.1 Identify situations when a health-related decision is needed.
2.5.2 Identify people or places where health information can be obtained.	K.5.2 Identify when assistance is needed for health-related situations.
	1.5.2 Describe situations when assistance is needed for a health-related decision.
	2.5.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

<b>Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.</b>	
<b>Goal Setting</b>	
<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.6.1 Identify the benefits of planning and setting personal health goals.	K.6.1 Name personal health and wellness goals.
	1.6.1 Name actions to take toward achieving a short-term health goal.
	2.6.1 Identify a short-term personal health goal and take action toward achieving the goal.
2.6.2 Identify a personal health goal and make a plan to achieve it.	K.6.2 Name who can help to achieve a personal health goal.
	1.6.2 Identify who can help to achieve a personal health goal.
	2.6.2 Identify who can help when assistance is needed to achieve a personal health goal.
2.6.3 List possible barriers to achieving the personal health goal.	
2.6.4 Show how to achieve the personal health goal.	
2.6.5 Explain the impact of personal choices on the personal health goal.	
2.6.6 Name trusted adults who can help in achieving the personal health goal.	
2.6.7 Show progress towards achieving the personal health goal.	

**INDIANA ACADEMIC STANDARDS FOR HEALTH & WELLNESS 2017  
GRADE (PRE-) KINDERGARTEN – GRADE TWELVE**

**Standard 7: Students demonstrate the ability to practice strategies and skills to enhance personal health and reduce health risks.**

**Practicing Healthy Behaviors**

<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.7.1 Identify character traits and behaviors of a healthy and safe person.	K.7.1 Identify healthy behaviors to improve personal health and wellness.
	1.7.1 Describe healthy practices to maintain personal health and wellness.
	2.7.1 Demonstrate healthy practices and behaviors to maintain or improve personal health.
2.7.2 List a variety of behaviors to avoid or reduce health and safety risks.	K.7.2 Name behaviors that prevent injuries.
	1.7.2 Describe behaviors that reduce health risks.
	2.7.2 Demonstrate behaviors that avoid or reduce health risks.

**Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.**

**Advocacy**

<b>Indiana Academic Standards 2017</b>	<b>Indiana Academic Standards 2010</b>
2.8.1 List personal, family, school or community health and safety concerns.	K.8.1 Repeat rules that promote personal health.
	1.8.1 Identify ways to promote health and wellness.
	2.8.1 Make requests to promote personal health.
2.8.2 Identify a health or safety issue that has personal relevance.	K.8.2 Tell how peers can make positive choices.
	1.8.2 Assist peers to make positive choices.
	2.8.2 Encourage peers to make positive health choices.