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<p>Use the Design Cycle to Build a blanket fort. Gather your resources, make a list, draw your plan, build, use, revise!</p>	<p>Watch OK-GO video and build your own Rube Goldberg. Use as many simple machines as possible. https://www.youtube.com/watch?v=qybUFnY7Y8w</p>	<p>Watch a tutorial about shadow hand puppets. Write a play or music video. Perform it for your family or post it to a friend.</p>	<p>http://www.juniorachievement.org/documents/193773/563462/The+Marshmallow+Challenge+Instructions.pdf/ Follow the directions and complete the Spaghetti Marshmallow Challenge. Track your time in the class spread sheet. After watch this TED talk https://www.ted.com/talks/tom_wujec_build_a_tower_built_a_team?language=en.</p>	<p>Follow a recipe and make something from scratch. Set the table and treat your family to a nice diner.</p>
<p>Make a playlist of 10 of your favorite songs and share it with at least three friends.</p>	<p>Create cards and mail them to a senior center. Many have closed for visitors and the residents are lonely and scared.</p>	<p>Investigate Zen Doodles and make your own series.</p>	<p>Design your own family friendly meme and share it on our class page. https://imgflip.com/memegenerator</p>	<p>Complete 5 random acts of kindness. https://www.naturalbeachliving.com/acts-of-kindness/</p>
<p>Pick an area in your room or home that needs to be re-organized and/or cleaned up. Make a plan with all stake-holders and go for it!</p>	<p>Container band! Save up some containers for a few days and make your own upcycled band! https://takelessons.com/blog/homemade-musical-instruments-z15</p>	<p>Free Spot- Be Bored. It is actually good for your brain.</p>	<p>Use SCRATCH for at least 30 minutes... what cool thing did you code and why?</p>	<p>https://www.wikihow.com/Make-a-Pinwheel Make some bright pinwheels and enjoy!</p>
<p>Design paper airplanes and have a competition to see who can fly the farthest.</p>	<p>Print out a coloring sheet and color for at least 30 minutes.</p>	<p>https://www.ted.com/talks/mat_cutts_try_something_new_for_30_days?language=en What do you think? Make a journal entry about the idea. Are you ready for a challenge?</p>	<p>https://grownandflown.com/33-life-skills-college-kids-adult/ Pick a skill from the list and get a family member or youtube to teach you at least one!</p>	<p>Meditate for at least 30 minutes.</p>
<p>Design your own motivational posters https://pablo.buffer.com/</p>	<p>Go for a walk for at least 30 minutes.</p>	<p>Design a family lunch menu for a week. Work out the cost, grocery list, and needed recipes.</p>	<p>Draw a blueprint style drawing of your dream house.</p>	<p>Build a paper kite of your choice and test it out!</p>