Guide for Universal Precautions and Bloodborne Pathogen Training

Universal precautions refers to the steps all individuals need to take in order to reduce their risk of infection with bloodborne pathogens. They are universal because they refer to steps that need to be taken in all cases, not only when a staff member or student is known to have a bloodborne pathogen infection. They are precautions because they require foresight and planning, and should be integrated into our everyday safety guidelines.

**Required Training Items**

The Occupational Safety and Health Administration (OSHA) law (29 CFR 1910.1030) specifies the points that must be covered in Bloodborne Pathogen and Universal Precautions training.

The following are items that, as the facilitator of this training you must include in your instruction:

1. 1910.1030(g)(2)(vii)(A) An accessible copy of the regulatory text of this standard and an explanation of its contents;
2. 1910.1030(g)(2)(vii)(D) An explanation of the employer’s exposure control plan and the means by which the employee can obtain a copy of the written plan;
3. 1910.1030(g)(2)(vii)(J) Information on the appropriate actions to take and persons to contact in an emergency involving blood or other potentially infectious materials;
4. 1910.1030(g)(2)(vii)(K) An explanation of the procedure to follow if an exposure incident occurs, including the method of reporting the incident and the medical follow-up that will be made available;
5. 1910.1030(g)(2)(vii)(L) Information on the post-exposure evaluation and follow-up that the employer is required to provide for the employee following an exposure incident;
6. 1910.1030(g)(2)(vii)(N) An opportunity for interactive questions and answers with the person conducting the training session;

The following are suggested points of information and clarification to include in your Bloodborne Pathogen training:

1. Corporation or building procedures for blood or other body fluid (vomit, urine, etc.) spill cleanup
2. Corporation policy regarding Hepatitis B vaccine administration to staff
3. Corporation policy and procedures for incidences of student exposure to blood or other body fluids (The corporation Exposure Control Plan is to be used for staff and faculty who have been “exposed” to blood or other body fluids.)