

Iron-Fortified Infant Formulas Which Do Not Require a Medical Statement  
in the Child and Adult Care Food Program (CACFP)

- PURPOSE:** This instruction updates information on infant formulas served in the Child and Adult Care Food Program. It is to be used in conjunction with Policy Instruction 98-01.
- SCOPE:** Child Care Centers, Registered Day Care Ministries, and Family Day Care Homes.
- DESCRIPTION:** USDA recommends that a center, ministry, or day care home offer the type of formula that the infant's health care provider has suggested to the infant's parent or guardian.

If the childcare facility offers a different type of formula, the infant's parents may choose to decline the offered formula, and supply another type. Meals containing only infant formula supplied by a parent, and no other component, are not reimbursable.

A medical statement is required in order to serve any infant formulas that do not meet the definition of infant formula in the CACFP regulations. In those regulations, infant formula means:

“Any iron-fortified infant formula, intended for dietary use as a sole source of food for normal, healthy infants served in liquid state at manufacturer's recommended dilution.”

The CACFP definition of infant formula has sufficient flexibility to allow milk and soy-based formula for healthy infants and lactose intolerant infants who do not have other medical conditions which prohibit the use of formula as defined. See the Attachment for a listing of iron-fortified infant formulas that do not require a medical statement.

Formulas that require a statement from a recognized medical authority are identified below. The statement must include the name of the recommended formula.

1. *Low-iron infant formulas.* These infant formulas contain less than 1 milligram of iron per 100 kilocalories of formula. Examples include the low-iron version of Enfamil and Similac. The labels on these formulas do not indicate that they are fortified with iron.

2. *“Follow-up” formulas when served to infants less than a specified age.* Follow-up formulas (i.e., formulas designed for older infants or toddlers who are consuming solid foods) are not intended for dietary use as a sole source of foods for infants. A medical statement is required in order to serve the follow-up formulas manufactured by Carnation to any infant less than four months of age. A medical statement is required in order to serve the follow-up formulas manufactured by Mead Johnson (Enfamil Next Step Toddler formulas) to any infant less than six months of age. See the Attachment for a listing of the specific iron-fortified “follow-up” formulas.
3. *Exempt Infant Formula.* These are a group of specialty infant formulas that are intended for use by infants who have an inborn error of metabolism or low birth weight or who otherwise have an unusual medical or dietary problem. Some examples of these formulas include Nutramigen, Pregestimil, Alimentum, and Lofenalac. If a child care provider has a question about whether an infant formula falls into this “exempt” category, the provider should contact his or her sponsor or the State agency for technical assistance. These exempt formulas do require medical statements.
4. The attachment list is updated to include a list of infant formulas manufactured by Wyeth Nutritionals International. These are distributed to retailers wishing to market them under private labels that will vary according to the retailer names. The list of Wyeth-produced formulas include:
  - Milk-based and soy-based **powdered** infant formula in 1-pound cans for sale in the U.S. only under private brand labels of either individual grocery/drug store chains or mass merchandisers [the milk based formula may become available in some markets in a 2-pound, 3-ounce (1 kilogram) can]; and
  - Milk-based and a soy-based concentrated **liquid** formula in 13-ounce cans available through select stores (i.e., Wal-Mart stores) under a private brand label.

Previous policy instructions allow for reimbursement for a meal that includes a substituted food item provided by a parent for medical reasons, such as infant formula, as long as the provider supplies at least one required meal component. A medical statement is required for ALL infant formulas which do not meet the regulatory definition for infant formula, as

noted above. A medical statement is not required for the iron-fortified infant formulas listed on the Attachment.

**SOURCE:**

FCS Memorandum, Dated November 6, 1997, United States Department of Agriculture, Food and Consumer Service.

FY 2000 Child and Adult Care Food Program Memorandum #6

FY 2002 Child and Adult Care Food Program Policy Memorandum #02-21

FY 04 Child and Adult Care Food Program Policy Memorandum #04-22

Iron-fortified Infant Formulas Which Do Not Require a Medical Statement  
in the Child and Adult Care Food Program (as of 11/29/2004)

Milk-Based Infant Formulas

- Carnation Good Start
- Enfamil with Iron
- Enfamil AR
- Enfamil Lactofree
- Similac with Iron
- Similac Lactose Free with Iron
- Similac Advance
- Enfamil Lipil
- Gentle Moments Infant Formula (sold through Wal-Mart)
- Kirkland Signature Infant Formula with Iron (sold through Costco)
- Wyeth-produced Private Label Store Brand Milk-based Infant Formulas:
  - Albertson's Baby Basics Infant Formula Powder (sold through a variety of stores)
  - Aldi Nanny's Infant Formula Powder
  - Amway Kozy Kids Infant Formula Powder
  - Babymil Infant Formula Powder (sold through a variety of stores)
  - CVS Infant Formula Powder
  - Eckerd Infant Formula Powder
  - Good Sense Infant Formula Powder
  - Hill Country Fare Infant Formula (sold through H. E. Butt or H-E-B)
  - K-Mart Little Ones Infant Formula Powder
  - Kroger Comforts Infant Formula Powder
  - Meijer Infant Formula Powder
  - Parents' Choice Infant Formula (sold through Wal-Mart, in powder, concentrated liquid, and ready-to-feed 8 ounce can forms)
  - Perfect Choice Infant Formula Powder (sold through Ralph's and Fred Meyer)
  - Safeway Select Infant Formula (sold through a variety of stores)
  - Shop Rite Infant Formula Powder
  - Target Healthy Baby Infant Formula Powder
  - Topco Infant Formula Powder (sold through a variety of stores)
  - Walgreen's Infant Formula Powder
  - Wegman's Infant Formula
  - ***Horizon Organic Infant Formula with Iron***

## Soy-Based Infant Formulas

- Carnation Alsoy
- Isomil
- ProSobee
- Gentle Moments Soy Infant Formula (sold through Wal-Mart)
- Wyeth-produced Private Label Store Brand Soy-based Infant Formulas:
  - Albertson's Baby Basics Soy Infant Formula Powder (sold through a variety of stores)
  - Babysoy Soy Protein Infant Formula Powder (sold through a variety of stores)
  - CVS Soy Infant Formula Powder
  - Good Sense Infant Soy Formula Powder
  - Hill Country Fare Soy Infant Formula (sold through H. E. Butt or H-E-B)
  - K-Mart Little Ones Soy Infant Formula Powder
  - Kroger Comforts Soy Infant Formula
  - Meijer Soy Protein Infant Formula Powder
  - Parent's Choice Soy Infant Formula (sold through Wal-Mart, in powder, concentrated liquid, and ready-to-serve 8 ounce can forms)
  - Perfect Choice Soy Protein Infant Formula (sold through Ralph's and Fred Meyer)
  - Safeway Select Soy Infant Formula (sold through a variety of stores)
  - Shop Rite Soy Infant Formula Powder
  - Target Healthy Baby Soy Infant Formula Powder
  - Topco Soy Infant Formula Powder (sold through a variety of stores)
  - Walgreen's Soy Infant Formula Powder
  - Wegman's Soy Infant Formula