School Meals During COVID-19
A Parent’s Guide

Meal Distribution
The method of meal distribution used by your child’s school is based on eligibility. Not all schools can issue meals the same way. Your child’s school may be utilizing one or more of the following distribution methods:
- Grab and Go
- Door to Door Delivery
- Mobile Feeding

Chill or Reheat
Please be aware that not all food provided is shelf-stable. Keep cold foods at or below 40°F. Keep hot foods above 140°F. Please seek advice from school food service for how foods need to be kept.

Nutrition Standards
Nutrition standards still apply! Schools offer students healthy and nutritious meals that consist of:
- Fruits
- Vegetables
- Grains
- Meats/Meat Alternates
- Milk

Meals per Child
At the discretion of the school, up to five days worth of meals can be distributed. Keep in mind that only one meal per child per day is allowed even if multiple meals are being handed out at once.

Grab and Go Instructions
To prevent the spread and unnecessary exposure of COVID-19 to households, follow the school’s instructions for meal pick up.

School Meal Locations
Contact your school food service regarding participation and pick up details.

This institution is an equal opportunity provider.