Culinary Skills for A+ Meals

Sponsored by the Indiana Department of Education School and Community Nutrition

Want to enhance your culinary skills?
Looking to improve the flavor of your school meals?
Want to work smarter, not harder in the kitchen?

Summer 2019
Sign up for this 5-day culinary skills workshop designed for school nutrition professionals (directors, managers, head cooks, or kitchen staff) offered in the summer of 2019 over eight weeks across Indiana.

✓ June 3 to 7 in Franklin
✓ June 10 to 14 in Franklin
✓ June 17 to 21 in Brownsburg
✓ June 24 to 28 in Brownsburg
✓ July 8 to 12 in Ft. Wayne
✓ July 15 to 19 in Ft. Wayne
✓ July 22 to 26 in Valparaiso
✓ July 29 to August 2 in Valparaiso

In the kitchen you will learn more about:
- Culinary basics, mise en place, and knife skills
- Cooking vegetables for greater appeal
- Preparing great grains
- Building a better sandwich
- Success with salads and salad bars

Additionally, you will learn more about:
- Smarter Lunchroom techniques
- Farm-to-school
- Utilizing speed scratch
- Enhancing flavor in foods
- Food safety and sanitation with salads and salad bars

✓ Each day begins at 8 am and finishes at 3 pm (Friday finishes at 1 pm).
✓ Earn 28 continuing education credits.
✓ This class is hands-on. Please wear clothing appropriate for the kitchen.
✓ Continental breakfast and lunch are provided.

Registration is limited to 32 school nutrition professionals in each class. Sign-up early.
For more information, contact Cathy Powers @ 330-416-5943 or powers.catharine@gmail.com.

This valuable culinary training is FREE for any school nutrition professional in Indiana!
Registration will begin February 18th.