



INDIANA CACFP MILK REQUIREMENTS

Locate your facility type at the top of one of the charts. The X in the chart indicates the type of milk each age group must be served.

REQUIREMENTS FOR LICENSED CENTERS AND MINISTRIES ON VCP PARTICIPATING IN CACFP:

Age	Whole milk	1% milk (low fat)
12-23 months	X	
24 months and older		X

Milk for children 1-5 must be unflavored. Flavored milk for those age 6 and older, must be fat free milk.

REQUIREMENTS FOR FAMILY DAY CARE HOMES, MINISTRIES NOT ON VCP, OUTSIDE-SCHOOL-HOURS AND AT-RISK PROGRAMS, HOMELESS/EMERGENCY SHELTERS, AND ADULT DAY CARE PROGRAMS PARTICIPATING IN CACFP:

Age	Whole milk	1% milk (low fat)	Skim milk(fat free)
12-23 months	X		
24 months and older		X	X

Milk for children 1-5 must be unflavored. Flavored milk for those age 6 and older, must be fat free milk.

Frequently Asked Questions (FAQs)

1. If a parent or guardian provides the milk, does it also have to meet the CACFP requirements shown above?

Yes, the above requirements must be met to claim a meal for reimbursement no matter who provides the milk, unless a medical statement is provided or an approved milk substitute is offered that is nutritionally equivalent to cow's milk.

2. If the participant is lactose intolerant, can I give them lactose-free milk?

Yes, both lactose-reduced milk and lactose-free milk can be served if it aligns with the fat requirements in the above charts.

3. What are the consequences of not serving the required milk type?

If facilities are found to be serving milk that does not align with CACFP requirements, meals will be disallowed.

For specific questions on the CACFP milk policy, contact Heather Stinson at hstinson@doe.in.gov or 317-232-0869

Effective October 1, 2017