



SUMMER TIMES

A Newsletter for SFSP Sponsors in Indiana

June 2015

This email is to provide sponsors with updated and helpful information on the Summer Food Service Program in the State of Indiana.

SFSP Awareness Weeks

June 1-5 is the USDA National SFSP Awareness week. Join sponsors across the country in raising awareness of the Summer Food Service Program!

June 8-12 is the Indiana SFSP awareness week. Join sponsors across the state in celebrating the Summer Food Service Program in Indiana.

Kick-Off Events

We want your pictures! Please send us pictures of your SFSP kick-off events that we can showcase in the next Summer Times Newsletter. Please remember that close-up pictures of children's faces are prohibited unless a media release is obtained from the child's parents.

Advertising SFSP

Jill Riggs, FSD, Penn-Harris-Madison School Corporation, advertised her summer food service program to families during an end of the year cultural fair at her local elementary school. Advertising doesn't have to mean spending a lot of money; it can be as simple as taking the advertisement to where families are! Thanks for sharing, Jill!



At-Risk Afterschool Meals Webinar

Tuesday, June 23, 2015

10am-12pm, Eastern time

The At-Risk Afterschool Meals Program provides reimbursement for suppers and snacks served afterschool, on weekends, or holidays during the school-year. Sponsors must provide organized regular activities that include education/enrichment and be located in a school district where 50% or more of the students are eligible for free or reduce-priced meals.

This training is for schools and SFSP sponsors that are either interested in joining the At-Risk Afterschool Meals Program or for those that want to be refreshed on the basics of the program before the start of the school year.

To register, visit: <http://www.doe.in.gov/nutrition/cacfp-risk-afterschool-meals-workshop>

For questions, contact Heather Stinson at hstinson@doe.in.gov or 317-232-0869.



Summer Meal Resources

Visit the USDA's Summer Meals Toolkit Site for information on the following topics:

- Budgeting
- Best Practices
- Building Partnerships
- Food Safety
- Site Promotion
- Rural Sites
- Making Meals Healthy
- Outreach
- And many more!

<http://www.fns.usda.gov/sfsp/summer-meals-toolkit-summer-meal-sponsors>



No Kid Hungry

No Kid Hungry has many resources for SFSP sponsors. Visit the best practices website for great links and information!

<http://bestpractices.nokidhungry.org/free-summer-meals-kids>

Twitter Chat

Join SFSP sponsors across the country on Twitter June 3rd at 2pm ET. No Kid Hungry will post questions that sponsors can answer in 140 characters or less! This will be a great opportunity to connect and share ideas with sponsors from all over the US!

<http://bestpractices.nokidhungry.org/events/2015/spreading-word-summer-meals-twitter-chat>



Department of Health Physical Fitness Grant

The Indiana State Department of Health Division of Nutrition and Physical Activity is pleased to announce the availability of funding to organizations who are able to provide professional development, training, technical assistance, and/or resources to increase physical activity in the Early Care and Education (ECE)/Child Care setting. Funding amounts will range from \$5,000-\$20,000.

A. Eligibility

Any organization who currently works with multiple Early Care and Education sites or plans to work with multiple Early Care and Education sites to implement the chosen strategies are eligible to apply. Within the

stipulations of this grantee award, a critical requirement will be the utilization of the Let's Move Child Care Quiz prior to and after the chosen strategy(ies) is/are implemented (Pre and Post Surveys).

*This proposal can include other wellness efforts, but needs to focus on physical activity best practice strategies.

B. Important Dates for the Proposal

Proposal due date: **July 15, 2015 by 5:00 p.m.**

Project Timeline: **September 15, 2015 – June 29, 2016**

C. Other important dates at this time

Notification of award will be given by August 5, 2015.

The application is attached to this email. Questions about the opportunity should be sent to Lindsey at lbouza@isdh.in.gov.



Dairy Chat

by Michelle Plummer

School is out for the summer but kids still need encouragement to eat nutritious foods and the Indiana American Dairy Association can help. Your SFSP participants may want to turn up their noses to plain white milk, but will say a resounding "YES" to flavored milks as long as they are kept cold prior to serving. And if you are worried about the added sugar in flavored milks, the attached is a flyer explains just how much sugar is actually in a carton of flavored milk and why chocolate milk and kids just go together well.

Successful SFSP sites provide activities to draw and retain participation. There are great activities for kids on the [Fuel Up to Play 60](#) site. [Train like a Pro](#) or Future Trainer and Walk across America have easy activities to keep kids "mooving" this summer.

Indiana American Dairy Association may have trinkets available to assist sponsors using punch cards to award regular attendance. Contact us at plummer@WinnersDrinkMilk.com.



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