

SCHOOL BREAKFAST PROGRAM



The **School Breakfast Program (SBP)** makes it possible for all school children in the United States to receive a nutritious breakfast every school day. It offers parents an affordable, convenient way to ensure their children get the nutrition they need to learn and thrive.

Who administers the SBP?

The Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) administers the program at the Federal level. In Indiana, the SBP is administered by the Indiana Department of Education (IDOE) and operates through agreements with school food authorities. In Indiana, public schools on the National School Lunch Program (NSLP) with a free and reduced rate of 15% or higher must operate the School Breakfast Program.

How does the program work?

The SBP is generally operated by public or non-profit private schools of high school grade or below. Public or non-profit private residential child care institutions may also participate in the SBP, and charter schools may participate in the SBP as public schools.

What are the nutrition requirements for SBP meals?

All SBP meals must meet federal requirements for nutrient standards specifically by limiting sodium, calories, saturated fat and trans fat. Additionally, each meal must meet required portion sizes for fruit, whole grains, and milk.

How can children qualify for free or reduced price meals?

Children may be determined "categorically eligible" for free meals through participation in certain Federal Assistance Programs, such as the Supplemental Nutrition Assistance Program (SNAP), or based on their status as homeless, migrant, runaway or foster child. Children enrolled in a federally-funded Head Start Program or a comparable State-funded pre-kindergarten program are also categorically eligible for free meals. Children can also qualify for free or reduced price school meals based on household income and family size.

What are the current reimbursement rates for participating schools?

School food authorities are reimbursed for meals based on children's free, reduced price, or paid eligibility status. Schools might qualify for a higher rate of reimbursement depending on their free and reduced rate of meals served in the second preceding year. For more information contact the IDOE. The 2017-2018 reimbursement rates are:

Paid: \$0.30
Reduced-price: \$1.45
Free: \$1.75

Schools are Finding Success with Breakfast in the Classroom!

Making breakfast a part of the school day by moving breakfast service out of the cafeteria -- serving it in the classroom, from "grab and go" carts, or other options -- dramatically increases participation by making it convenient and accessible to all.

Programs that offer free breakfast to all children, regardless of income, during the first part of the school day also see dramatic increases in school breakfast participation.

For More Information About School Breakfast Program

Visit:
<https://www.doe.in.gov/nutrition/national-school-breakfast-program>
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