

TEAM NUTRITION



Team Nutrition, an initiative of the United States Department of Agriculture's Food and Nutrition Service, supports national efforts to promote lifelong healthy food choices and physical activity by improving the nutrition practices of the Child Nutrition Programs. We provide resources to schools, child care settings, and summer meal sites that participate in these programs.

Team Nutrition Strategies

1. Provide training and technical assistance to child nutrition professionals to enable them to prepare and serve nutritious meals that appeal to children.
2. Increase nutrition education through multiple communication channels to help children have the knowledge, skills, and motivation to make healthy food and physical activity choices as part of a healthy lifestyle.
3. Build support for healthy school and child care environments that encourage nutritious food choices and physically active lifestyles.

What have Schools Gained from Team Nutrition?

- *Improved school lunchroom environments thanks to Smarter Lunchroom implementation.
- *Improved school environments due to the HealthierUS School Challenge.
- *Training for Food and Consumer Science teachers, Food Service Departments, and students in Family, Career, and Community Leaders of America in nutrition and culinary skills.
- *Culinary training for Food Service Departments.
- *Wellness Policy workshops and trainings.
- *One-to-one technical assistance for wellness policy implementation.

How often is Team Nutrition working on a new grant?

Team Nutrition begins working on a new grant every 2 to 3 years.

For More Information About Indiana Team Nutrition

Visit:

<https://www.doe.in.gov/nutrition/scn-team-nutrition>

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