Bullying Prevention & Intervention
Training & Resources Provided by the IDOE

School Safety Specialist Advanced Training:
The following sessions have been presented at the Advanced Academy for certified School Safety Specialists. The majority of the presentations listed below have been offered multiple times. Over 1,000 participants have attended the Advanced Academy since the “bullying law” was enacted, and have had the opportunity to attend these sessions when offered.

1) Bullying and Emotional Intelligence; Presented by Gary Plaford, Author

2) Bullying on the Bus; Presented by Pamela Larkey and Corraine Stichnoth, School Counselor

3) Columbine—Clarifying the Myths and What They Mean to School Safety; Presented by Dave Cullen, Author

4) Cyberbullying: Responding to the Challenge of Online Social Aggression, Threats, and Distress; Presented by Nancy Willard, Director, Center for Safe and Responsible Internet Use

5) How Do I Know if My School Has a Bullying Problem?; Presented by Clarissa Snapp, Consultant

6) How to Respond Effectively to Cyberbullying Incidents; Presented by Nancy Willard, Center for Safe and Responsible Internet Use

7) Internet Social Networking: What Schools Need to Know; Presented by Chuck Cohen, Indiana State Police and Steve DeBrota, United States Attorney’s Office

8) NetSmartz: The Latest Trends in Internet Safety—Social Networking, Cyberbullying, Webcams; Presented by Katie Donovan, National Center for Missing and Exploited Children

9) Safe School Ambassadors: Empowering Youth to Stand Up to Bullying and Mistreatment and Challenging School Personnel to Partner With Youth to Improve School Safety; Presented by Rick Phillips, Consultant

10) School Policies and the Law Related to Cellular Phones and the Internet; Presented by Dave Emmert, General Counsel, Indiana School Boards Association

11) Sexting, Texting, Cyberbullying and Other Problem Communications in the Classroom: Students and Teachers; Presented by Thomas E. Wheeler, II, Frost Brown Todd LLC

12) Understanding and Addressing Relational Aggression in Girls; Presented by Gina Woodward, School Counselor

13) What Works and Doesn’t Work in Bullying Prevention and Intervention; Presented by Marlene Snyder, Ph. D., Clemson University
14) **When Bullies Grow Up: Working with the Adult Bully**; Presented by Marlene Snyder Ph. D., Clemson University

15) **Working With the Provocative Bullying Victim**; Presented by Marlene Snyder Ph. D., Clemson University

**School Safety Specialist Basic Training:**
Two sessions are required to be completed by every new School Safety Specialist. These training videos have been viewed by over 500 participants in the last three years.

1) **Bullying Overview**; presents the basics of bullying for school administrators. Characteristics of bullies, victims, common risk factors, and effective school interventions are discussed along with a review of Indiana law. Presented by Gina Woodward, school counselor and certified Olweus bullying prevention trainer.

2) **Bullying on the Bus**; Provides overview of best practices to reduce bullying, and applies them to the school bus setting. Ideas are presented that have been implemented in one Indiana school corporation with much success. Presented by Pamela Larkey and Corraine Stichnoth, counselors for the Brownsburg Community School Corporation.

**Informational Resources**
The following books have been provided to School Safety Specialists at Academy sessions since the “bullying law” has been enacted:

1) **Bullied Teacher, Bullied Student** by Les Parsons
2) **Bullying and Harassment: a Legal Guide for Educators** by Kathleen Conn
3) **Bullying at School** by Dan Olweus
4) **Cyberbullying** by Robin M. Kowalski, Ph.D., Susan P. Limber, Ph.D., and Patricia W. Agatston, Ph.D.
5) **Schools Where Everyone Belongs, Practical Strategies for Reducing Bullying** by Stan Davis
6) **The Bully Free Classroom (book and companion CD-ROM)** by Allan L. Beane, Ph.D.
7) **Weakfish: Bullying Through the Eyes of a Child** by Michael Dorn

**Other Resources Provided to School Safety Specialists**
These resources are available either online, or via a resource disk given to every attendee at both the Advanced and Basic Academies.

1) **Bullying in Schools**, published by United States Department of Justice
2) **Bullying in Schools: Harassment Puts Gay Youth at Risk**, published by National Mental Health Association
3) **Bullying in Schools, What is it and What Can be Done About It?**, published by Indiana Education Policy Center
4) **Bullying Prevention is Crime Prevention**, published by Fight Crime, Invest in Kids organization
5) **Cyberbullying with Pre-Teens**, published by Fight Crime, Invest in Kids organization
6) **Developing an Anti-Bullying Program**, published by the International Association of Chiefs of Police
7) **Facts for Teens: Bullying**, published by National Youth Violence Prevention Resource Center
8) **Parent Guide to Resolve Bullying**, published by Parent Resource Group
9) **Parents Can Make a Difference**, published by Kentucky Center for School Safety
10) **Policy Update: Bullying in Schools**, published by National Association of State Boards of Education
11) *What Do Bystanders Do When Children are Bullied*, published by Chapin Hall Center for Children

12) “*Stop Bullying Now*” video workshop provided by U.S. Department of Health and Human Services

**Indiana Olweus Trainers** (there are 21 trainers statewide)
The Olweus Program (pronounced Ol-VEY-us; the E sounds like a long A) is a comprehensive, school-wide program designed and evaluated for use in elementary, middle, or junior high schools. The program’s goals are to reduce and prevent bullying problems among school children and to improve peer relations at school. The program has been found to reduce bullying among children, improve the social climate of classrooms, and reduce related antisocial behaviors, such as vandalism and truancy. The Olweus Program has been implemented in more than a dozen countries around the world, and in thousands of schools in the United States.

**Bullying Moodle Lessons**
School-wide Bullying Prevention at the Elementary Level:

**Bullying is integrated into the Academic Standards**
**Student Guidance Standards (Citizenship Development standards)**
K-2, 3-5 respecting others
6-8 reporting bullying; supporting those who are bullied; assertiveness in preventing bullying; respect for others; conflict management
9-12 conflict management

**Physical Education Standards**
Responsible Personal and Social Behavior

**Health and Wellness Standards**
Influence of family, peer, culture, media, technology, and other factors on healthy behaviors

**Family and Consumer Sciences Standards**
Interpersonal relationships

**Internet Safety IC 20-30-5.5-1**
*Each school corporation shall include in the school corporation’s curriculum for grades 3 and above instruction concerning safe usage of the Internet by children* (includes cyberbullying): passed into law in 2008
Development of internet safety guidance lessons for grades 3-12

Additional Resources: [http://www.doe.in.gov/isssa/safety_resources.html](http://www.doe.in.gov/isssa/safety_resources.html)

**Bullying Resources**

- Indiana’s Bullying Laws
- Stop Bullying Now
- Indiana’s Internet Safety Law
- SAMHSA’s Bullying Information
- Operation Respect: Don't Laugh At Me
- Quick Training Aids: Bullying Prevention
- Addressing the Problem of Juvenile Bullying
- Bullying.org
- UCLA School Mental Health Project
- Bully B'Ware Productions
Certified School Safety Specialists were provided free registration for the 2008 International Bullying Prevention Conference. This conference was co-sponsored by the Indiana Department of Education and provided training for over 500 participants.