Multi-Tiered System of Supports Framework
(SAMPLE)

Tier	Category	Details
Tier 1 *All Students* *(80%)*	**Academic**	• Checks for understanding • Formative assessment • Standardized baseline assessments (three times annually) • Teaching neuroscience
	Social-Emotional	• SEL skill development lessons • Regulation strategies • Community circles • Mindfulness practices • Universal Screener (two times annually) • Brain intervals
	Behavior	• Preventative programming • Post rules and routines in the classroom • Review behavior expectations weekly
Tier 2 *Some Students* *(15%)*	**Academic**	• Progress monitoring • After school group tutoring • Targeted advisory period • Peer tutoring
	Social-Emotional	• Counselor/social-worker check-in • Counselor/social-worker short-term counseling • Small group counseling/intervention • Calming corner • Mentor/mentee (student/student)
	Behavior	• Peer mediation • Restorative circle • Peace Walk (conflict resolution) • Mentor/Mentee (adult/student)
Tier 3 *Individualized interventions* *(5%)*	**Academic**	• Additional instructional time during the school day • Skills (re) teaching
	Social-Emotional	• Referral for outside counseling or school-based counseling • Daily check-ins with counselor/social worker • Wrap around services
	Behavior	• Functional behavior assessment • Daily behavior form • Structured breaks • Behavior plan