



## **COMMISSION ON SECLUSION AND RESTRAINT IN SCHOOLS**

The Indiana Commission on Seclusion and Restraint's compilation of resources and training programs are made available to offer valuable assistance to school personnel to develop policies and guidelines appropriate for their school corporation.

*The Commission does not endorse any of these resources or programs.*

### **Resources & Training Programs**

| <b>ORGANIZATION</b>                         | <b>PROGRAM NAME</b>                                | <b>PHONE</b> | <b>WEBSITE</b>   |
|---|--|--------------|--|
| Crisis Consultant Group, LLC                | Physical Crisis Intervention (Non-Violent)         | 866-978-9990 | <a href="http://www.crisisconsultantgroup.com">www.crisisconsultantgroup.com</a> |
| Crisis Prevention Institute (CPI)           | Nonviolent Crisis Intervention (NCI)               | 800-558-8976 | <a href="http://www.crisisprevention.com">www.crisisprevention.com</a>           |
| David Mandt and Associates                  | The Mandt System                                   | 800-810-0755 | <a href="http://www.mandtsystem.com">www.mandtsystem.com</a>                     |
| Devereux                                    | Safe & Positive Approaches                         | 610-542-3107 | <a href="http://www.devereux.org">www.devereux.org</a>                           |
| Handle With Care Behavior Management System | Physical Intervention Training                     | 845-255-4031 | <a href="http://www.handlewithcare.com">www.handlewithcare.com</a>               |
| JKM Training, Inc.                          | Safe Crisis Management                             | 866-960-4SCM | <a href="http://www.safecrisismanagement.com">www.safecrisismanagement.com</a>   |
| NAPPI, International                        | BESST  | 800-358-6277 | <a href="http://www.nappi-training.com">www.nappi-training.com</a>               |
| PMT Associates, Inc.                        | Physical & Psychological Management Training (PMT) | 860-347-1347 | <a href="http://www.pmtassociates.net/">http://www.pmtassociates.net/</a>        |
| Pro-ACT, Inc.                               | Professional Assault Crisis Training               | 949-489-5700 | <a href="http://www.proacttraining.com">www.proacttraining.com</a>               |

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| Professional Crisis Management Association                         | Professional Crisis Management        | 860-347-1347 | <a href="http://www.pcma.com">www.pcma.com</a>                                       |
| Quality Behavioral Solutions, Inc.                                 | Safety-Care                           | 855-727-6246 | <a href="http://www.qbscompanies.com">www.qbscompanies.com</a>                       |
| Residential Child Care Project                                     | Therapeutic Crisis Intervention (TCI) | 607-254-5210 | <a href="http://rccp.cornell.edu">http://rccp.cornell.edu</a>                        |
| Satori   | Alternatives to Managing Aggression   | 210-641-0955 | <a href="http://www.satorilearning.com">www.satorilearning.com</a>                   |
| Service Alternatives Training Institute                            | Right Response                        | 800-896-9234 | <a href="http://www.RightResponse.org">www.RightResponse.org</a>                     |
| Therapeutic Options, Inc.  | Therapeutic Options                   | 302-753-7115 | <a href="http://www.therops.com">www.therops.com</a>                                 |
| University of Oklahoma National Resource Center for Youth Services | Managing Aggressive Behavior (MAB)    | 918-660-3700 | <a href="http://www.nrcys.ou.edu/training.shtml">www.nrcys.ou.edu/training.shtml</a> |

Two most commonly used crisis intervention training programs are described as follows:

1) **The Mandt System**

- *Training:* Mandt uses a “Train the Trainer” model. At least one staff member attends a 2 to 5 day training session, depending on the level of training required by the school district. District staff must be trained on an annual basis and the length of training will vary based on district needs.
- *Certification:* District trainers must be recertified by the Mandt program every two years.
- *Methodology:* The Mandt System teaches the use of a graduated system of alternatives which uses the least amount of external management necessary in all situations.

2) **The Crisis Prevention Institute (CPI), Nonviolent Crisis Intervention Training Program:**

- *Training:* CPI recommends annual staff training. The program offers two training options: a one or two day staff training session with a CPI instructor or a 4-day Instructor Certification training program, using the “Train the Trainer” model, for selected staff members who then provide training for the district staff.
- *Certification:* Certified instructors of CPI maintain their certifications on a 4-year cycle. Each year, instructors must teach a minimum of 18 hours (2 formal programs) and pay an annual membership fee. In the second year, the instructor must take an online exam, at no cost. In the fourth year, instructors are expected to attend one of six different qualifying renewal programs, including written and physical competency testing on the CPI program.
- *Methodology:* CPI provides a holistic system for defusing escalating behavior and safely managing physically aggressive behavior. CPI methods focus on effective communication and an understanding of human psychology during aggressive moments.