Health and Wellness Credit Alternate Options

511 IAC 6-7.1-4 Minimum required and elective credits
Authority: IC 20-19-2-8; IC 20-30-5; IC 20-30-10-2 Affected: IC 20-30-5-9

(5) Subject to subdivisions (6) through (8), the health and wellness credit shall be from a course in the health education area of study that has comprehensive health education content.

(6) The health and wellness credit requirement may be waived for a student if the student's program includes one (1) of the following:

   (A) Three (3) credits from the following family and consumer sciences courses:

      (i) Child development and parenting.

      (ii) Human development and family wellness.

      (iii) Interpersonal relationships.

      (iv) Nutrition and wellness.

      (v) Preparing for college and or careers.

   (B) Two (2) credits from the following health careers education courses offered through career-technical programs:

      (i) Integrated health sciences I.

      (ii) Integrated health sciences II.

(7) One (1) credit substitution of either a science, family and consumer sciences, or health and physical education credit may be used to fulfill the health and wellness credit requirement for a student who qualifies under the religious objection provision of IC 20-30-5-9 (hygiene instruction).